




Assisted Living Activities

MARCH 2023

Bridgewater Home

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		BIRTHDAYS IN AL SAM LAM 4TH KENNETH BOWMAN 5TH DOLLY HARNER 24 JANET CHAMLEE 24	PLACES OF EVENTS (1st) Activities Room (2w) Sitting Bluebird Way (GS) Gardenside 2nd AI Connector Cardinal	Note: Trips/ Events with other AL Team Members may occur after the printing of calendar Watch for Posters!!	Most programs are 30-60 minutes or more	
		Note: Never2late and Rendevor headset will be used on Wednesday at 1:15 pm 2wesrt Bluebird Way sitting area Join us	8-9 am Wii Bowling 10:15 am Sunday School 1:15 pm Trivia Computer 2w 1:15 am Senior Strong 2:15 pm Chit/Chat 2:45 pm Music 2w Connect.	7:15 am Devotionals 8-9 am Wii Bowling 10:15 am Community Circle 1:15 pm Brain teasers GS 2:00 pm Accordion Music Gerold & Norman		
5 Bridgewater COB 11:00 am on TV <i>Vespers: 4:00 pm Lantz Chapel</i>	6 Pam B. Arbogast ADC AI Activities Coordinator 540-828-2373 parbogast@brcliving.org	7 8-9 am Wii Bowling 10:15 am Bible Study 1:30 pm Movie Sipe Center sponsored by Foundation 2:00 pm Music with Marc Baskind Roanoke	8 8-9 am Wii Bowling 10:15 am Music with Mark Nicholas from JMU 1:15 pm Senior Strong 1:15 pm Trivia Computer2w 2:15 pm Sunday School	9 7:15 am Devotionals 8-9 am Wii Bowling 10:15 am Armchair Travel about the old Jukebox 1:15 pm Brain Teasers 2:00 pm Movie TBA	10 8-9- am Wii Bowling 10:15 am JWE Music LC 1:15 pm Fitness FITGO with Fitness Team 2:15 pm Irish Singalong	11 10:15 am Music with Luke Haynes piano/and more 12-1pm Social Time 1:30 pm Dominees Act
12 Bridgewater COB 11:00 am on TV <i>Vespers: 4:00 pm Lantz Chapel</i>	13 8-9 am Wii Bowling 10:15 am BINGO 2:00 pm Breathe & Stretch seated in your chairs 2:45 pm Who, What, I Am 3:30 pm Foundation Happy Hour GS	14 8-9 am Wii Bowling 10:15 am Bible Study 2:00 pm Music with Gaskins/Holl friends Toe/Tapping music	15 8-9 am Wii Bowling 10:15 am Sing along Millie 1:15 pm Senior Strong 1:15 pm Trivia Computer 2w 2:15 pm Ten Pen bowling	16 7:15 am Devotionals 8-9 am Wii Bowling 10:15 am Sunday School 11:30 am Men's Outing 1:15 pm Brian Teasers 2:00 pm Who, What, I am	17 8-9am Wii Bowling 10:15 am Body In Motion 1:15 pm Balance & Mobility 2-3:30 pm Nacho Bar to enjoy Gardenside	18 10:15 am Harpist Daniel Over will be here to perform for us 12-1 pm Social Time 1:30 pm Dominoes Act
19 Bridgewater COB 11:00 am on TV <i>Vespers: 4:00 pm Lantz Chapel</i>	20 8-9 am Wii Bowling 10:15 am BINGO 1:45 pm Movie Act. Room 2:00 pm Smiley Ice-cream 3:00 pm Games with Carrie	21 8-9 am Wii Bowling 9:00 Walmart Outing 10:15 am Bible Study 2:30 pm Food Advisory Meeting with Dinning Team	22 8-9 am Wii Bowling 10:15 am Body & Motion 1:15 am Senior Strong 1:15 pm Trivia Computer 2w 2:15 pm Corn Hole Challenge	23 7:15 am Devotionals 8-9 am Wii Bowling 10:15 am Sunday School with Russ Barb 1:15 pm Brian Teasers GS 2:00 pm Who, What I am	24 8-9am Wii Bowling 10:15 am Bell Chimes 11:00 am Fast Food Outing 1:15 pm Balance & Mobility 2:15 pm Music 2Connect.	25 Residents Independent Events of Choice 12-1pm Social Time 1:30 pm Dominoes Act
26 Bridgewater COB 11:00 am on TV <i>Vespers: 4:00 pm Lantz Chapel</i>	27 8-9:00- am Wii Bowling 10:15 am BINGO 2:00 pm Breathe & Stretch 2:45 pm Who, What I Am clues will be given	28 8-9 am Wii Bowling 10:15 am Bible Study with Russ 2:00 pm Music with Frank Byars and wife	29 8-9am Wii Bowling 10:15 am Body & Motion 1:15 am Senior Strong 1:15 pm Trivia Computer 2w 2:15 pm SINGO music	30 7:15 am Devotionals 10:15 am Sunday School 1:15 am Brain Teasers GS 2:00 pm Drumming Class with Fitness Team	31 8-9am Wii Bowling 10:15 am Body & Motion 1:15 pm Balance & Mobility 2:15 pm Name that Tune and Sing Along with Millie	