

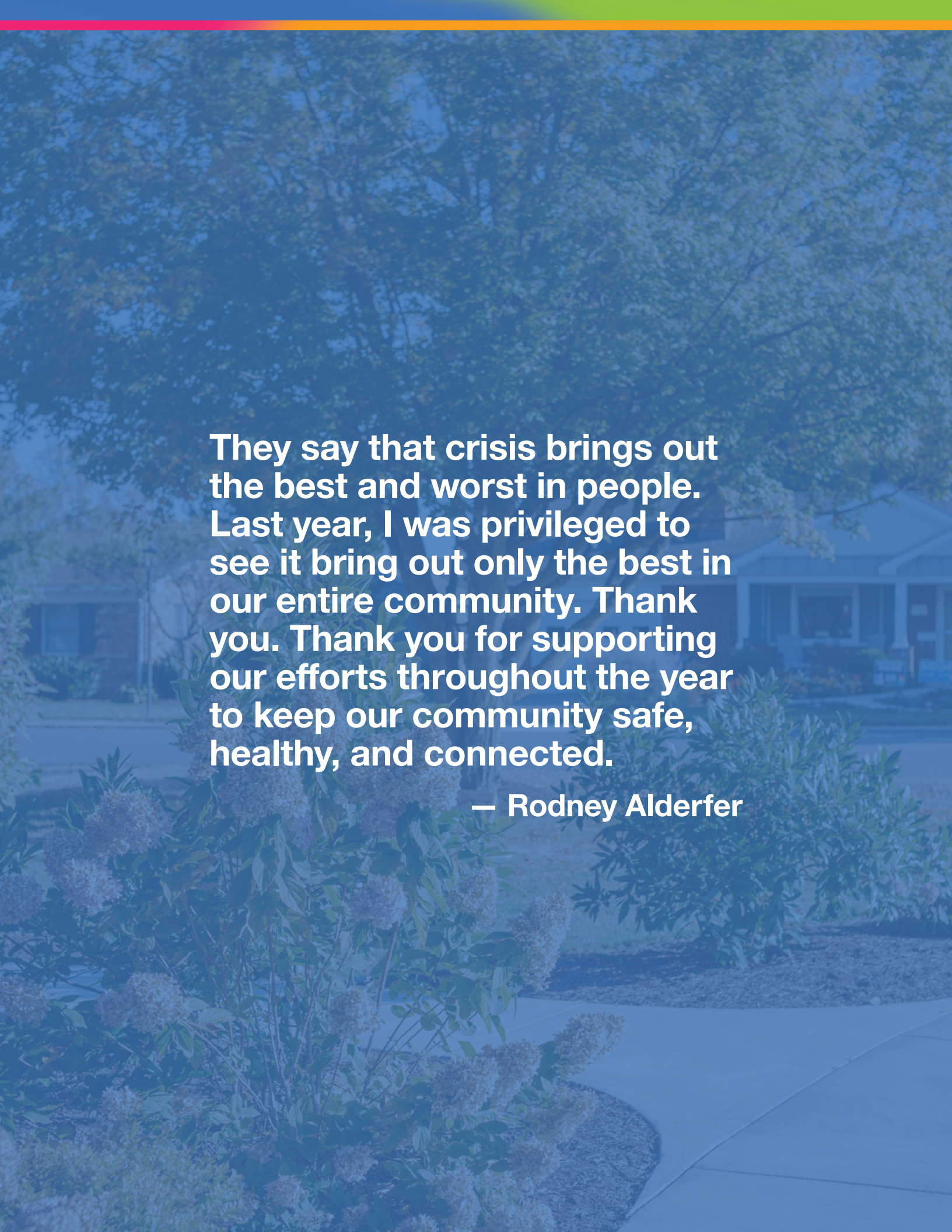
# BRIDGEWATER RETIREMENT COMMUNITY

*energy* FOR LIFE



IMPACT REPORT 2020





**They say that crisis brings out the best and worst in people. Last year, I was privileged to see it bring out only the best in our entire community. Thank you. Thank you for supporting our efforts throughout the year to keep our community safe, healthy, and connected.**

**— Rodney Alderfer**

## FROM THE PRESIDENT

Dear Friends,

What a year. In the face of a global pandemic, we were faced with unprecedented challenges. As we adapted to changing norms throughout the year, we relied on our clinical leaders to develop policies and procedures to keep us safe. And we relied on each other to each do our part, residents and team members alike, to keep COVID-19 off our campus. It wasn't easy, but we never balked at the challenges before us.

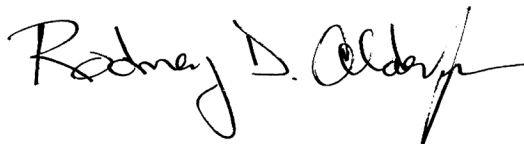
When residents faced isolation from loved ones and community, we kept them connected—finding creative ways to celebrate birthdays and helping residents connect with their families through technology. When it became unsafe for residents to dine together or leave campus for food and essential supplies, we reinvented our entire dining operation and even created a grocery-delivery program from scratch. When outbreaks occurred in Assisted Living and Nursing households, our team banded together to support residents and each other, reducing community spread and leading to generally positive health outcomes.

And still, we made significant progress in other initiatives. Responding to the needs identified in last year's Senior Community Needs Assessment, we built a coalition of regional organizations to work together to start new healthy aging initiatives across the Valley. We safely opened The Grove, adding 34 brand new contemporary apartments to our Independent Living Village. In Assisted Living, we moved current residents to gracious new apartments in the new AL Connector, which features kitchenettes and full bathrooms in each apartment. Plus, we opened the Junction, an exciting addition to our on-campus dining options that features a pizza oven, salad bar, deli, coffee nook, and action station. To think that we accomplished so much in the face of such adversity fills me with pride.

They say that crisis brings out the best and worst in people. Last year, I was privileged to see it bring out only the best in our entire community. Thank you. Thank you for supporting our efforts throughout the year to keep our community safe, healthy, and connected.

Here's to a better 2021.

Sincerely,



Rodney D. Alderfer

*President | Bridgewater Retirement Community*





## Our Mission:

Promoting an engaging lifestyle within our compassionate community

## Our Vision:

Enhance and energize healthy living

## BRC COMMUNITY BY THE NUMBERS\*

531  
RESIDENTS

344 Independent Living  
71 Assisted Living  
(including memory support)  
116 Nursing

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425  
TEAM MEMBERS

*\* Numbers represent census at the end of the 2020 fiscal year.  
Team members include full time, part-time, and PRN/as-needed.*

## Who We Are

### Energy for Life

As a Life Plan Community, we offer a continuum of options through four levels of living: Independent Living, Assisted Living, Memory Support, and Nursing Support. Across all levels of living, we provide an environment for older adults to thrive.

We've always taken the word "community" seriously, and 2020 brought new challenges and opportunities to cultivate a community dedicated to enhancing energy and zeal for life. We stand at the forefront of innovation in senior living, which allows us to track and respond to the changing dynamics of a tumultuous year—keeping residents connected, engaged, and safe.

## BRC Culture

### Three Core Values:

Across all levels of living, three core values guide our practices and daily work together: **compassion**, **stewardship**, and **innovation**. In a normal year, we lean on them to make major decisions and guide long-term planning. We see them demonstrated in everyday moments and interactions with residents. This year, they were tested in ways we couldn't have imagined. What does a compassionate response to the pandemic look like? How can we be good stewards of our shared resources when supply lines are strained? How do we innovate to keep our community connected, engaged, and healthy in a year unlike any other?

### Dimensions of Wellness

We get it—wellness is a buzzword used so often it can feel like an empty cliché. We knew we needed to offer something genuine. So we started looking at wellness as a whole-person effort and continually strive to promote health across eight distinct dimensions: physical, emotional, intellectual, social, vocational, environmental, financial, and spiritual. Our wellness team provides programming and opportunities to residents and team members that span each dimension. It's one of the many ways we advance energy for life to our residents throughout the community.





**DO NOT ENTER**  
IF YOU HAVE ANY OF  
THESE SYMPTOMS

- COUGH
- SHORTNESS OF BREATH
- DIFFICULTY BREATHING
- FEVER OR CHILLS
- MUSCLE ACHES
- FATIGUE
- SORE THROAT
- CONGESTION
- RUNNY NOSE
- NEW LOSS OF TASTE OR SMELL
- DIARRHEA
- ABDOMINAL PAIN
- NAUSEA OR VOMITING

Or if you have had contact with anyone  
suspected or confirmed with coronavirus.

TEAM MEMBERS WITH SYMPTOMS:  
CONTACT NURSING FOR COVID ASSESSMENT





## How BRC's Nursing Leadership Weathered the Storm

*Infection preventionist Rita Davis checks in team members to a routine weekly testing clinic.*

In late January of 2020, a norovirus infection was spreading through Bridgewater Retirement Community's nursing households. For Barb Frye, BRC's director of nursing, it felt like the households were on the verge of a worst-case scenario. She and her team began reinforcing messages about gowns, gloves, and handwashing. Hand sanitizing stations throughout campus were stocked with surgical masks, and visitation in the households was discouraged.

The prevention measures worked, the outbreak abated, and the entire effort turned out to be a practice run for what would become the new normal just a few weeks later.

Senior living communities throughout the country were unquestionably hit hard by the COVID-19 pandemic. But while BRC did deal with a few outbreaks throughout the year, it fared remarkably well compared to other organizations. That's in large part due to the efforts of three key clinical leaders in nursing: Barb Frye, director of nursing, and Rita Davis and MJ Saufley, infection preventionists.

Throughout the year, these three leaders worked tirelessly, bringing their expertise to the forefront to develop effective, clinically supported protocols to prevent outbreaks on campus and mitigate the risk of community spread when outbreaks occurred.

It began in March of 2020, when BRC became one of the first senior living communities to shut down visitation. "About a week after we restricted visitation, we got a letter from Center



*BRC's own wonder woman Barb Frye shows off a box of Wonder Woman themed bandages before receiving a dose of the COVID-19 vaccine.*

for Medicaid Services threatening to fine us for violating policy," Frye recalls. "So, we were ahead of the curve. Just a week later, we would have been fined for opening visitation!"

To navigate the pandemic successfully, the leadership team had to deal with a steady drip of changing guidelines and best practices. "We would just wait for the emails [from CMS and CDC] to come in," says Frye, who carries with her a 3 inch binder packed to the brim with published guidelines, research, and BRC prevention policies. They regularly brought new guidance to the COVID-19 task force along with recommendations for how to best implement them.





*Barb Frye and MJ Saufley prep doses of the COVID-19 vaccine at one of BRC's vaccination clinics.*

For Saufley, some of those most challenging moments came while communicating new policy changes to family members. "Our families were always so supportive and understanding because they wanted nothing but the best for our residents," she recalls. "But you could just hear the disappointment in their voices."

Of course, implementing policies in a way that honors the culture of our nursing household model brought its own challenges. "A big part of our workload was applying these new policies to our household culture," says Frye. "We had to figure out how to continue providing activities and integrating the clinical aspect of care to the residents' whole-person wellness." That meant providing support for the household coordinators to help keep residents connected and engaged, working directly with families to set up video chats and window visits, and finding creative solutions to help residents celebrate birthdays and holidays. During especially tight quarantine periods when residents were required to isolate in their rooms, the team moved residents to their door frames at mealtimes so they could at least see each other across the hallway.

When outbreaks did occur, the entire nursing team rallied to support each other and residents. "We had team members testing positive and volunteering to continue working shifts in the COVID area," recalls Frye. During an outbreak, all direct care team members were required to wear full personal protective equipment, including hooded Tyvek suits, N95 masks, goggles, gloves, and isolation gowns.

"It was hot and uncomfortable," says Cindy Morris, RN, quality improvement coordinator. "But no one complained, and many team members were willing to serve above their usual roles."

"To me the greatest feeling in the world was overcoming an outbreak," says Frye. "You're thinking, 'it's just going to spread.' Because most of the communities like ours had

## 2020 Cumulative COVID-19 Cases at BRC

Out of approximately 530 residents and 420 team members.

	TEAM MEMBERS	RESIDENTS
MARCH	0	0
APRIL	2	0
MAY	1	0
JUNE	5	0
JULY	6	20
AUGUST	7	1
SEPTEMBER	5	10
OCTOBER	5	2
NOVEMBER	2	0
DECEMBER	29	16
<b>TOTAL</b>	<b>62</b>	<b>49</b>

50% or greater infection rates. So, for me, when we would get through an outbreak without it spreading throughout the entire community, that made me feel like our efforts had been successful."

As vaccines began to work their way through the approval process, Frye, Saufley, and Davis worked through a maze of regulations and paperwork to ensure BRC would be at the front of the line when a vaccine became available. The effort paid off, and on December 30, BRC became the first senior living community in the Central Shenandoah Valley Health District to host a vaccination clinic for residents and team members.

It was such an awesome day," recalls Saufley. "Every time we went into one of the households, the leadership team from that household was ready, and we just knocked it out! I feel like if we could be the ones vaccinating this country, we'd have way more people vaccinated!"

Clinics continued into early 2021, allowing residents at all levels of living to get fully vaccinated. Now, with the vast majority of residents and team members fully vaccinated, the team feels like they've turned a corner. "We're still on our guard," says Saufley. "But we feel like we're in a much better place."



# Compassion *in action*

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**Compassion** is at the heart of all we do. Throughout 2020, we sought to respond to new challenges in a compassionate way, considering the impacts our decisions made on residents, team members, and our broader community.

Two sisters, IL resident Sylvia Bowman and AL resident Wilma Robertson, get some face time during a weekly window visit.



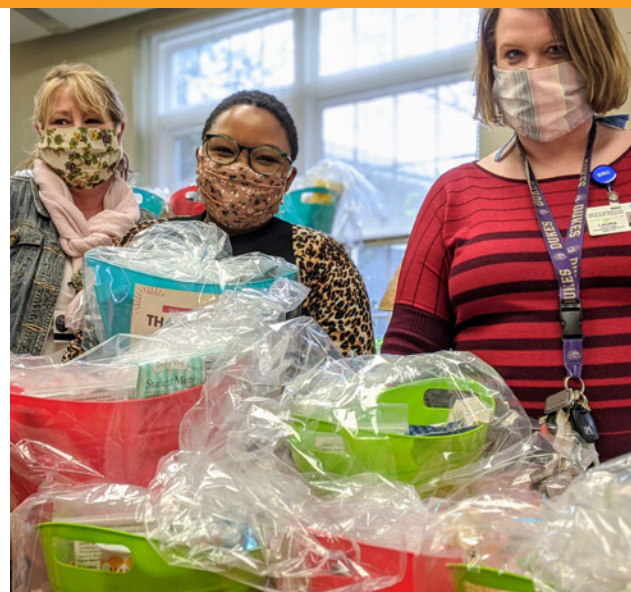




## Community Connections

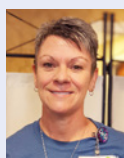
A global pandemic is no match for hearts willing to serve. A few years ago, we launched our Community Connections team to pull together all the various ways residents and team members give back and serve our greater community. The team didn't balk at the challenge of giving back in a year like 2020. Here's what we accomplished together:

- In January, residents and team members supported **Loads of Love**, washing 22 loads of laundry for persons experiencing homelessness. Plus, we raised over \$1,500 for **Open Doors** by "polar plunging" the awesome women on our Senior Team.
- In February and March, we served meals for the **Bridgewater Rescue Squad** and for persons experiencing homeless at **Open Doors**.
- In May, we put together 32 gift baskets to support the **essential workers** of Bridgewater small businesses.
- In July, we hosted a **Red Cross** blood drive that netted 39 units of blood—enough to save 117 lives. Plus, we stocked the pantry with 10 boxes of food for our local heroes at the **Bridgewater Fire Department**.
- In August, we lifted up the teachers at **John Wayland Elementary** by welcoming them back to school with gift bags and purchasing classroom wish list items to support virtual learning.
- In September, we participated in the **United Way** Day of Caring, helping to clean up and prep plants for sale at the **Edith Carrier Arboretum**.
- In October, we hosted a virtual Alzheimer's Walk team and raised over \$6,000 for the **Alzheimer's Association**.
- In November, we donated Blessing Boxes to **15 local families** to help them celebrate Thanksgiving.
- In December, we put together care packages for 50 seniors in our greater community served by **VPAS**.



## Fill the Cup Awards

Team members are nominated for Fill the Cup Awards by residents and colleagues when they go above and beyond the call of duty to uplift and inspire. Throughout 2020, over 120 team members received a Fill the Cup Award. Here are a few highlights:



**CARLA GRIFFIN:** Carla helped residents increase their stamina and reach their fitness goals faster by adding walks and NuStep sessions in between their fitness appointments.



**AMANDA HARPINE:** Amanda was nominated by a resident couple for staying with them at UVA when their appointment ran longer than expected. "We turned her half day into a full day and more. She stayed with us at the hospital and never once complained."



**RHONDA COLLINS:** Rhonda typically spends the year planning independent living activities. In 2020, she made countless grocery runs to make sure residents' pantries stayed stocked. A resident nominated her saying, "Rhonda never fails to make me smile, and she is always willing to bring 'happy' into all of our lives!"

Iris Almas Loreda  
Jason Anderson  
Pam Arbogast  
Brittany Armentrout  
Arik Atkins  
Candy Biller  
Roy Bishop  
Crystal Blosser  
Sheila Bowman  
Danielle Boyers  
LaMont Burley  
Heath Carter  
Luz Casiano  
Faith Cayton  
Amanda Charlton-Lombardo  
Rebecca Clifton  
Tommy Clifton  
Rhonda Collins  
Kayla Cook  
Maddie Cooper  
Christine Derraw  
Katelyn Diehl  
Dena Driver  
Candice Enoch  
Lu Flick  
Kaylee Floyd  
Barb Frye  
Brian Glick  
Devon Gooden

Karen Greenough  
Carla Griffin  
Earlene Groce  
Amanda Harpine  
Michelle Hartman  
Odessa Hottinger  
Denise Jarrett  
Drema Johnson  
Lauren Jones  
Joy House Team  
Cathy Kile  
Rachel Kirtley  
Kelli Knighting  
Susan KuyKendall  
Erika LaBounty  
Felisha Lam  
Brian Landes  
Tammy Layman  
Jayne Liskey  
Erin Lohr  
Megan Loker  
Jared Lunn  
April Manning  
Nelson Marrotte  
Kayla Mayer  
Sara Mcalister  
Carlee McCray  
Krista McKean  
Jaimson Meadows  
Diane Metzler

Janie Michael  
Amber Michael  
Shauna Michael  
Emily Mills  
Buffy Mitchell  
Cindy Morris  
Jodi Morris  
Owen Musselman  
Janelle Nelling  
Shoughlah Niaz  
Tirsit Nigussie  
Kiele Nix  
Anne O'Donohue  
Stephanie Oliveros  
Nancy Othralik  
Pam Parlette  
Erica Payne  
Kendra Pazaran  
Justin Pilichody  
Karyn Posey  
Dana Ramsey  
Ashley Rasmussen  
Nina Reedy  
Lauren Reeves  
Michael Reynolds  
Jill Rhodes  
Julie Ritchie  
Ashley Rohr  
Eric Samuelu  
MJ Saufley

Virgil Shaw  
Pete Shaw  
Teresa Sheffer  
Steve Sheffer  
Coale Shifflett  
Emily Shull  
Jillian Simmers  
Lisa Sinegra  
Cheryl Smith  
Holly Smith  
Ali Snook  
Kathy Sommers  
Lauren Sprouse  
Betty Staubus  
Greg Taylor  
Mike Tipton  
Zoyla Tores-Cruz  
Jane Towers  
Christine Trobaugh  
Unity House Team  
Pam Vandevander  
Missy Vandevander  
Karen Waldron  
Tracey Warner  
Ann Weese  
Candace Wise  
Nicole Yeago





## Home No Matter What

Living at BRC gives residents the security that, should their needs change, they'll always have access to supportive services and world-class healthcare. And that's true no matter what. Approximately one-fourth of residents in Assisted Living and Nursing Support have exhausted their financial resources. The **Resident Care Endowment Fund** bridges the gap—ensuring that all residents can continue to remain in their homes for the rest of their lives, regardless of ability to pay.

Percentage of residents  
not able to pay the full fee:

ASSISTED LIVING

19.4%

MEMORY SUPPORT

40.1%

NURSING HOUSEHOLDS

31.6%



## Keeping Families Connected

We know the pain caused by isolation from family and loved ones. That's why we worked overtime this year to keep residents connected to each other and their families. Early in the pandemic, that meant supplying each of our nursing households with iPads and training team members to help residents use them to connect with their families. Our Household Coordinators were true rock stars—working closely with residents' families to schedule video calls and adding “tech support” to their résumés!

In July, we invited families to participate in a car parade through campus—connecting with their loved ones in person for the first time in months. It was joyous!

Later in the year, we were able to allow families to safely visit through windows or behind plexiglass. We even installed a state-of-the-art sound system so that residents and their families could better hear each other during their visits.

We'll continue working with our partners at Center for Medicare and Medicaid Services and the Virginia Department of Health to implement safe visitation policies, and can't wait to fully welcome residents' families back to our community later this year.



## Compassionate Residents

Early in the pandemic, residents in Assisted Living worked tirelessly to sew cloth masks for team members to wear. Tranquility House resident Louise Huffman wanted to help too, so she donated fabric from her quilting stock.







# Stewardship *in action*

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**Stewardship** is about more than dollar signs. It's our commitment to take better-than-excellent care of our entire community—it's people, property, and resources.

Wesley Mowbray, a grounds crew team member, takes care of some routine edging in Bridgewater Village.







## The Dividends of Stewardship

Our investments pay off—both in regional and national acknowledgements.

Here are just a few ways BRC was recognized this year:



We swept the listings in the 2020 *Daily News-Record* Best of the Valley Awards, winning in every single senior living category: **Best Retirement Community, Best Nursing Home, Best Assisted Living, and Best Rehab.**



Our nursing households continue their long tradition of excellence with yet another five-star Medicare rating.



We again received a *US News and World Report* “Best Nursing Homes” rating, designating us among the top 8% of nursing homes in the United States.

## Stewarding Our People

### Future Professional Training

The pandemic meant that we couldn’t welcome medical and nursing students to our campus for clinical rotations in 2020. But our commitment to supporting the next generation of clinical caregivers is as strong as ever. **Through our Certified Nurse Aide training program, we trained and welcomed 26 new CNAs to our team.** Our CNA program is offered completely free of charge, and students who successfully complete all course requirements and demonstrate good standing with attendance and work performance are offered employment opportunities.

### 2020 Scholarship Award Recipients

BRC offers scholarships and grants (up to and including full degree programs) to team members attending school or completing training programs related to their work. Made possible by an anonymous legacy gift, over 55 team members have received grants and over \$338,000 has been awarded to date. The 2020 scholarship recipients are:

- Amanda Charlton-Lombardo – James Madison University
- Madeline Cooper – Massanutten Technical Center
- Paulina Pullin – Eastern Mennonite University
- Karli Rhodes – Massanutten Technical Center
- Lauren Reeves – Blue Ridge Community College

### Not One Layoff

Despite BRC closing dining venues, salons, and the fitness center at various points throughout the year, no full-time team member was laid off or furloughed due to the pandemic. Instead, team members were reassigned as necessary to help out elsewhere. They screened arriving team members, manned the guard shack, tackled grocery runs, ran food deliveries, and more. Then, when it was safe to begin reopening campus amenities, they were able to transition back to their regular roles.

## BRC Stays Well Stocked

There was a lot in the news this year about lack of supplies and PPE for healthcare workers across the country. Fortunately, BRC remained well stocked throughout the pandemic—thanks in no small part to Anne O’Donohue, Vice President of Support Services, and her team. “We were in a fortunate position early on in the pandemic,” Anne says. “We weren’t buying for today—we were buying for 4–6 weeks ahead.” That head start helped BRC stay ahead of the supply strain. In fact, we were even able to donate supplies to other community organizations, including our local police and fire departments.



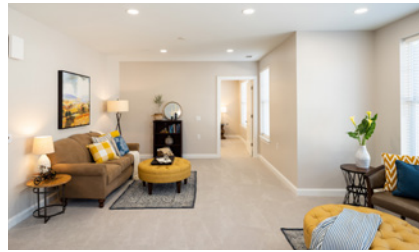
### Assisted Living Connector:

In the spring, Assisted Living residents began moving into their brand-new living space in the connector between Maple Terrace and the existing AL residences. The new apartments feature spacious living areas with ample natural light, contemporary finishes, and a charming kitchenette. Plus, residents can enjoy newly refined common spaces including dining venues and living rooms.



### The Grove:

Featuring expansive layouts, contemporary finishes, parking garages, and an enhanced service package that includes weekly cleaning and laundry services, the Grove represents the next generation of independent living lifestyle options at BRC. We opened the Grove at full capacity and began moving in residents under strict COVID-19 safety protocols in March.



## Campus Construction Updates

Many of the physical spaces on our campus were radically transformed as a few major construction projects reached the finish line. Here are the highlights.



### The Junction:

BRC's newest dining venue, The Junction, opened in September after months of anticipation. Featuring a coffee nook, pizza oven, deli, grill, and action station, the new venue offers an exciting menu and an attractive contemporary dining room.

### COMING SOON:

We're set to expand our capacity to serve residents experiencing dementia or Alzheimer's with the opening of Concord House this spring. Plus, the rehabilitation of the meditation garden, the opening of a new café, and the completion of the Houff Community Center and Assisted Living renovations are all set to wrap up later this year.





# Innovation *in action*

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2020 was the year of **innovation** as teams rallied to respond to the challenges posed by the pandemic—often reinventing programs and services to continue providing residents with the quality of life they deserve.

Fitness team member Eric Samuelu coaches Independent Living resident Polly Fravel on state-of-the-art equipment in BRC's new fitness center.





## Responding to the Senior Community Needs Assessment

We knew in 2019 that our work with Valley Program for Aging Services (VPAS) to conduct a Senior Community Needs Assessment could only be a beginning. The study's results identified critical challenges facing the aging population in our broader community.

These challenges are bigger than any one organization can solve. So, we put together a coalition of individuals and organizations to collectively work to create real change for seniors in our community. The **Valley Senior Success Coalition** now meets regularly to brainstorm and coordinate efforts to address key issues such as affordable housing, social isolation, and health care navigation.

Plus, we launched a website, [ValleySeniors.Info](http://ValleySeniors.Info), that features the results of the SCNA and highlights projects coalition members are working on to address the results.



*BRC President Rodney Alderfer speaks at the "Making it Happen: Valley Healthy Aging Symposium" we hosted in February 2020 to share the results of the SCNA with community leaders.*



## State-of-the-Art Strength Equipment

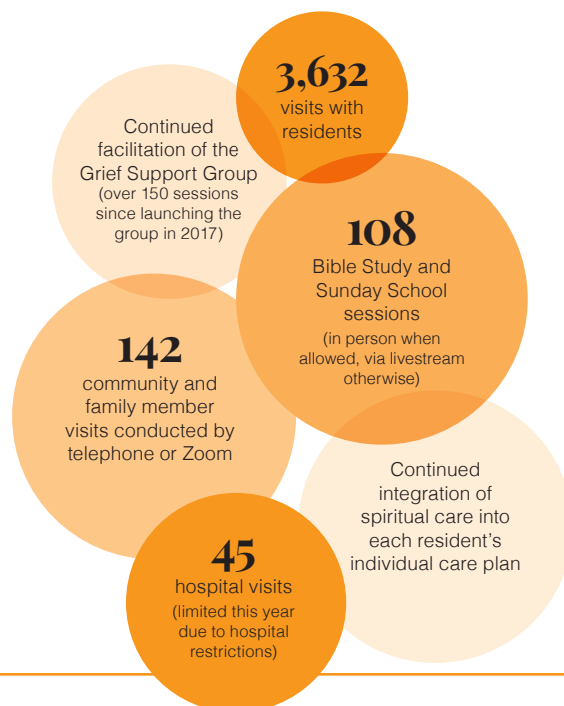
Today's older adults are redefining aging as an opportunity for adventure. So when the new fitness center opened in Houff Community Center, we introduced a new set of state-of-the-art strength equipment custom-built for active aging. Residents can now enjoy an automated workout experience with a simple swipe of the wrist. After completing a fitness orientation with a team member, the resident's personal wristband presets the machines to their custom specifications—no fiddling with weights or tinkering with seat adjustments. Plus, our fitness team can track progress and make adjustments to their workout regimen when residents are ready to level up. "These machines offer so much," says Laura Spicer, director of wellness. "They make it so easy for residents to come in and feel confident working out. And they provide our team with real data to improve residents' individual regimens."



## LIFTING SPIRITS:

### Spiritual Care by the Numbers

Spiritual care was a top priority throughout 2020, as residents in Assisted Living and our Nursing Households were isolated from their loved ones. Despite the challenges posed by COVID-19, chaplains Russ and Brenda Barb continued to provide critical spiritual support to our entire community. The impact of their work is immeasurable, but here's a look at the numbers:







## Reimagining the Dining Experience Again...and Again

Pandemic or not, BRC and our dining partner Sodexo are committed to providing residents with a mindful approach to dining that focuses on transparency of ingredients, delicious food, and satisfying portions. Throughout the year, our dining team modified their practices to safely provide the level of service our residents expect and deserve.

### Transitioning to Take-Out, Delivery, and Grocery Services

When our dining venues closed in March, the dining team transitioned to offering takeout and delivery for residents. In addition to a standard menu, they offered a daily hot and cold-prepped special and even offered a menu of items for grocery delivery. Independent Living resident Lee Jackson enjoyed the chef specials, such as an omelet kit or shrimp

scampi. “They really have tried to keep everything interesting for us,” she said at the time. “Just knowing that the team is doing their best to take care of us makes us feel good.”

### Opening the Junction

After months of anticipation, our newest dining venue, The Junction, opened in September. “We never could have imagined that the Junction, designed to bring our community together, would have to open under the circumstances of a pandemic,” recalled BRC President Rodney Alderfer. Nevertheless, we were able to open the Junction safely by spacing tables greater than six feet apart, encouraging residents to dine only with those in their immediate bubble, providing hand sanitizer at each entrance and on every table, and regularly sanitizing tables and frequently touched surfaces like countertops, payment terminals, and condiment holders.

## Safely Opening the Grove

Opening an at-capacity apartment building in the middle of a pandemic is no simple feat. But coordinating with clinical leadership to implement safe move-in policies, BRC’s marketing team brought the years-long Grove project to completion. Move-ins began in late March and continued into the summer.

“We had been looking forward to opening the building for so long, and we had residents who had already sold their homes and needed to be able to safely move,” recalls Crista Cabe, director of marketing. “So we went to our best sources

of clinical guidance to identify the points of risk and develop policies and strategies to mitigate those risks.”

That meant asking residents to self-monitor prior to their move date; limiting move-ins to one per day; requiring gloves, masks, and safety screening for everyone involved; restricting access to the elevator during move-ins; and requiring new residents to self-isolate for a set period following their move.

The process worked. Not only were we able to open the Grove safely, but we welcomed over 80 Independent Living residents to our community without a single known case of COVID-19 resulting from a move-in.



# Bridgewater Healthcare Foundation

Bridgewater HealthCare Foundation, an autonomous organization governed by a separate board of directors, collects and distributes charitable contributions to support Bridgewater Retirement Community. The Foundation also provides support and coordination for BRC volunteers and community outreach.

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Beverly Callison-Smith  
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Nolan & Mary Lieu Cline  
Curtis & Betty Coffman  
Janet H. Coffman  
Sally Jane Conner  
Judy Cason Cook  
Linda Cook  
Glenn Alexander Costie  
Patricia S. Costie  
Linda Covington  
Elsie Cox  
Ed & Betsy Craun  
Gladys Garner Crawford  
Patricia Creange  
Ronald F. Crist  
Michael & Joan Cromer  
Lois Crosbie  
Terence H. Crowgey  
Jeffrey & Faye Curl  
Samuel & Nancy Dagen  
Thomas & Joy Daggy  
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Lucy R. Deyerle  
Dale & Lula Dodrill  
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Jim & Betty Dovel  
Rebecca S. Downey  
Hattie Driver  
Rebecca V. Driver  
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Janet Earhart  
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Abigail Edwards  
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Marijean K. Eye  
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Emerson & Elaine Fike  
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Ronald & Leona Fox  
Doris Jeanne Frantz  
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Everette & Barbara Gardner  
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Sandra Gardner  
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Gregory W. & Margaret Geisert  
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Janina Greene  
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 Herman & Charlotte Landes  
 Paige Landes  
 Ashley A. Lawhorne  
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 Glen & Katherine Layman  
 Virginia D. Layman  
 James L. Leeth  
 James & Julie Leitner  
 Jane Lewis  
 Warren Lewis  
 Donna S. Lindquist  
 David & Lorraine Lineweaver  
 Henry & Ellen Lineweaver  
 Ruby H. Linkous  
 Francis L. † & Dorothy Lion  
 W. M. Wayne & Rebecca Liskey  
 Mary Ann Littrell  
 James & Vivian Longenecker  
 Wes Loomis & Jane Mohr  
 Ray Loudis  
 Noelle A. Ludlum  
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 Jim & Brenda Puffenbarger  
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 Jonathan Shenk M.D.  
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 Phillip C. & Grace A. Speicher  
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 Dr. Phillip & Cherrill Stone  
 Kent & Patricia Stoneburner  
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 Grandchildren  
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 Michael S. & Dana C. Suter  
 R. Noland & Marian Suter  
 Rev. Fred & Nancy Swartz  
 W. Rothwell & Connie Switzer  
 Dwight F. & Betty A. Swope  
 Richard Fay Swope  
 Linda S. Tanguay  
 David & Constance Taylor  
 Gerald & Susan Taylor  
 Vera Teter  
 Hobert Texiere  
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 James F. & Gail E. Thompson  
 Roma Jo Thompson  
 Earl & Margaret Thornton  
 Noelene Timberlake  
 Tom & Lori Mendez



Rev. James Tongue  
Jackie Towers  
P. David & Mardi Trout  
Jeannie L. Turner  
Gary & Marcia Tyeryar  
Donald & Ginger Usry  
Ann E. VanPelt  
Evelyn A. VanPelt  
Richard & Sherry VanPelt  
Lucile H. Vaughn  
Janice W. Wade  
Donald & Estelle Wagner  
Landon R. Walker †  
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Dorothy K. Wampler  
Dorothy W. Wampler  
Dr. Fred F. Wampler

Frederick & Joyce Wampler  
Glenna Wampler  
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John & Dorothy Ziegler  
Fred & Katherine Zimmerman  
Berlin & Paula Zirk  
Robbie Jean Zirkle

† = deceased

# Compassionate Community

The Bridgewater Home Auxiliary and the Bridgewater Village Residents Association (BVRA) are organizations that are technically independent from BRC but have a big impact on quality of life through volunteer efforts and financial contributions to BRC and the broader community. Typically, the Auxiliary raises funds through the Cottage Gifts shop, nine fundraising lunches, and the ReRun Shoppe. The BVRA typically raises funds through the Village Barn and other initiatives. While the pandemic changed the way both organizations raised money, they were still able to greatly contribute to support the efforts of BRC and other community organizations.

## CONTRIBUTIONS 2020

### Bridgewater Home Auxiliary

**\$41,490**

*financial support provided to BRC and the Bridgewater HealthCare Foundation*

Assisted Living Activities Fund	\$50
Building Connections Campaign	\$10,000
Pastoral Care Endowment Fund	\$1,000
Resident Care Endowment Fund	\$15,000
Donation to Bridgewater Home	\$8,140
Flowers and Plant Project	\$680
Junior Volunteer Scholarships	\$2,000
Pet Project	\$1,620
Bridgewater Church of the Brethren Media Support Project	\$2,000
Team Member Appreciation Family Meal	\$1,000

### Bridgewater Village Residents Association

**\$9,300**

Bridgewater Rescue Squad	\$2,800
Bridgewater Volunteer Fire Department	\$2,800
Resident Care Endowment Fund	\$2,800
Pastoral Care Endowment Fund	\$900



## Giving by BRC Team Members

62

TEAM MEMBERS

15%

PARTICIPATION

\$13,591

TOTAL GIFTS

Anonymous Donors  
Selena Aizpuro  
Rodney & Jenelle Alderfer  
Bradley Anderson  
Donna W. Andrews  
Pamela B. Arbogast  
Russ & Brenda Barb  
Candy Biller  
Sheila M. Bowman  
Michael D. Bragg  
Edward & Carolyn Budd  
Crista R. Cabe & Gary G.  
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Kelly & Robin Spitzer  
Betty Staubus  
Melissa & Michael Stover  
Jeannette Suter  
Monica J. Thompson  
Cameron F. Tolley  
Jane Towers  
Wanda Wampler  
James & Ilsa Weaver  
Ann Weese





# Impact through Volunteer Service

## Individual Volunteers

Mary Adams	Elizabeth Emswiler	Kaytlynn Hill	Mary Miller	JoAnne Simpkins
Raymond Albers	Joyce Emswiler	David Holl	Connie Minnick	Monica Slater
Susan Albers	Sara Estes	Wilda Holsinger	Jane Mohr	Vicki Slaubaugh
Abigail Allen	Ruthie Evans	Eleanor Holthaus	Jordan Mongold	Joyce Smith
Phyllis Arbogast	Cindy Fike	Wally Holthaus	Sherry Mongold	Linda Snader
Deborah Armentrout	Mike Fike	Margaret Horn	Margaret Monk	Carol Spangler
Jean Armstrong	Elizabeth Fitt	Mike Hostetter	Mollie Moomaw	Wayne Spangler
John Barr	Ann Flora	Marianne Houff	Aryana Morris	Margaret Sparks
Millie Becker	Jan Flora	Neil Houff	Teresa Myers	Michael Steinberg
Norman Benner	Jim Flora	Alice Howdysshell	Audrey Nakagawa	Linda Sterrett
Mindy Berry	John Flora	Harold Huffman	John Neff	Lena Stewart
Marina Bien	Wanda Flora	Greg Jaccard	Tina Nelson	Kent Stoneburner
Adam Board	Pamela Flory	Lee Jackson	Marie Nofs	Fred Swartz
Judy Botkin	Ted Flory	Emma Johnson	Lee Norford	Nancy Swartz
Jim Bowman	Tom Flory	Lacey Johnson	Sharon Northrop	Cheryl Switzer
Sylvia Bowman	Jane Fulk	Lynn Keller	Sue Overman	Julie Swope
Dick Boyd	Harold Furr	Nancy Keplinger	Shirley Parsons	Nancy Thomas
Ruth Boyers	Corinne Gaines	Steve Keplinger	Jean Petre	Susan Thompson
Charlotte Brazeau	Robert Gaines	Julie Kiracofe	Belinda Phillips	Michelle Titman
Tony Brazeau	Hannah Gallagher	Sharon Kiracofe	Eileen Phillips	Megan Triplett
George Brenneman	Nancy Gallalee	Steeve Kiracofe	Richard Phillips	Cindy Tusing
Betty Browning	Kayla Gallucci	Shirley Kirkwood	Ron Pierce	Gary Tyeryar
Betty Bryan	John Garber	Conner Kleffman	Sarah Pierce	Marcia Tyeryar
Betsy Budd	Meghan Garber	Destin Lam	Bill Powell	Ginger Usry
Judy Campbell	Doris Gardner	Craig Landes	Eunie Powell	Ann Vanpelt
Betty Caricofe	Kathleen Gardner	Paige Landes	Larry Powell	Kyndall Villareal
J.H. Caricofe	Jim Gaskins	Hannah Landis	Carolyn Price	Jonathan Waag
Elizabeth Carroll	Phyllis Gaskins	Matilde Lasca	Odile Proctor	Janice Wade
Pat Carroll	Charles Gerard	Dee Layman	Robert Puffenbarger	Glenna Wampler
Maria Castillo	George Getic	Ellen Layman	Roger Pultz	Joyce Wampler
Dianna Chandler	Sonia Getic	Erin Layman	Charles Raisner	Merle Wampler
Greg Chevalier	Bonnie Glick	Phyllis Layman	Addison Raso	Sara Ward
Kelly Chevalier	John Glick	Virginia Layman	Taylor Rathke	Steve Watson
Sarah Chevalier	Ray Glick	Cathy Leitner	Bill Reinhold	Bob Wheatley
Andrew Clark	Olivia Gomez	Jim Leitner	Homer Rhodes	Carlyle Whitelow
Susan Clark	Janet Good	Julie Leitner	David Richard	Lizzie Whitten
Tom Clark	Kerrick Goodwyn	Committee Library	Ben Riddle	Jean Willi
Ralph Compton	Kolby Goodwyn	Dottie Lion	Jeff Ritchie	Virginia Wine
Jennifer Conboy	Janina Greene	Frank Lion	Matt Robinson	Judy Winner
Sally Jane Conner	Deborah Greubel	Dottie Little	Clooney Rodeffer	Richard Winner
Linda Cook	Haley Griffith	Irene Little	Barbara Ross	Dean Withers
Kasey Corey	Madison Grim	Ann Littrell	Jerry Ruff	Isabelle Wnek
Pat Costie	Crystal Hager	Wes Loomis	Sydney Ryan	Mirna Wolfe
Tammy Coulter	Donna Hahn	Bill Ludwick	Bill Sale	Nancy Woody
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Nancy Dagen	Anna Mae Harmon	Laura Mapp	Larry Seilheimer	Peggy Wurst
Sam Dagen	Jim Harris	Claire Martindale	Nora Shank	Bonnie Zickefoose
Kevin Daggett	Doris Harsh	Joan Mason	Dorothy Sharpe	Susan Zucconi
Alice Davino	Henry Hawkins	Mackenzie Mason	Abe Shearer	
Fred Davino	Kathi Hemmis	Marion Mason	Martha Sheets	
Glenda Deaton	Judy Henneberger	Wayne McDorman	Nelson Sheets	
Catie DeFlumeri	Hannah Herndon	Karen McNeal	Sally Shomo	
Margaret Dent	Gloria Hildebrand	Taylor McNeely	Jordan Shover	
Kay Divincenzo	Rodney Hildebrand	Tom Mendez	Elwood Shrader	
Bryan Dove	Deidra Hill	Janet Miller	Edgar Simmons	
Barbara Eanes	Kaylee Hill	John Leigh Miller	Nancy Simmons	



## Volunteer Organizations

ARC of Harrisonburg and Rockingham  
 Blue Ridge Christian School  
 Blue Ridge Community College  
 Bonnie Seamans and Sister Dee Houdson  
 Bridgewater Church of the Brethren  
 Bridgewater Church of the Brethren  
 Children's Choir  
 Bridgewater College  
 Bridgewater College  
 Department of Music  
 Health and Exercise Science  
 Men's and Women's Tennis Teams  
 Men's Baseball Team  
 Men's Cross Country  
 Men's Track  
 Office of Spiritual Life  
 Student Athlete Advisory Committee  
 Women's Cheerleading  
 Women's Cross Country  
 Women's Field Hockey  
 Women's Lacrosse  
 Women's Soccer Team  
 Women's Softball Team  
 Women's Track  
 Women's Volleyball  
 Bridgewater Presbyterian Church  
 Bridgewater United Methodist Church  
 Bridgewater United Methodist Youth

Briery Branch Church of the Brethren  
 Cymore Elementary School  
 Dayton Tavern  
 Eastern Mennonite University  
 Preparatory Music  
 First Choice Home Health and Hospice  
 Flora Stringband & Friends  
 Fort Defiance Future Leaders of America  
 Friendship Industries  
 Goodwin Oral and Facial Surgery  
 Good Time Gospel Quartet  
 Harrisonburg First Church of the Brethren  
 Harrisonburg First Church of the Nazarene  
 Harrisonburg High School  
 Hartland Quartet  
 Highland String Band  
 Hilltop Bible Church  
 Holl Brothers  
 In Motion Dance  
 James Madison University  
 Alpha Pi Omega  
 Alpha Sigma Alpha  
 Alternative Spring Break  
 Center for Service Learning  
 Delta Gamma  
 Department of Music  
 Department of Social Work  
 Friend of Rachael

Glamour Girls  
 Gamma Sigma Sigma  
 Health Services Administration  
 Madison Scholars  
 Work Study  
 John Wayland Elementary School  
 Massanutten Technology Center  
 Mount Crawford United Methodist Church  
 Mount Solon Pentecostal Church of the Brethren  
 New Beginning Church  
 Old Time Gospel Quartet  
 Park View Credit Union  
 Peake Mennonite Church  
 Pleasant Valley Church of the Brethren  
 Rockingham/Harrisonburg SPCA  
 Sangerville Church of the Brethren  
 Sew Caring Stitchers  
 Shenandoah District Church of the Brethren  
 Spring Creek Nazarene Church  
 Staunton Church of the Brethren  
 Stuart Middle School  
 Summit Church of the Brethren  
 Therapy Dogs International  
 Turner Ashby High School  
 Turner Ashby Special Education  
 Wilbur Pence Middle School



## Civic and Business Support

Bank of America BB&T Bridgewater College Bridgewater Home Auxiliary Bridgewater Ruritan Club Bridgewater Village Association Eddie Edwards Signs Edward Jones of Bridgewater Farmers & Merchants Bank Fidelity Charitable Gift Fund Flora Pettit Friendship Industries	Hershey Creamery Company Hipps Financial Partners Houff Charitable Foundation Houff Corporation Houff Family Foundation Landes Heating & Air Conditioning LD&B Insurance Agency Leitner Law Group McMullen Funeral Home, Inc. Myers Hodges Post VFW of USA, Inc. Park View Federal Credit Union Partners Excavating Company	Rockingham Cooperative Rockingham Insurance Shickel Corporation Shreckhise Shrubbery Sales & Landscapes Sodexo, Inc. & Affiliates SunTrust Banks, Inc. The American Legion-Shen. Valley Post #188 The Community Foundation of Frederick County, MD, Inc.	The Community Foundation-Harrisonburg and Rockingham County The Dayton Foundation The O'Connor Group The Winston-Salem Foundation Trumbo Electric, Inc. Weaver's Floor Covering Wellness Concepts Zella Gahagen Trust
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## Church Partners


Beaver Creek Church of the Brethren Bethel Church of the Brethren Bethel Church of the Brethren-Keezletown Blue Ridge Chapel Church of the Brethren Bridgewater Church of the Brethren Bridgewater United Methodist Church Briery Branch Church of the Brethren Calvary Church of the Brethren Cedar Grove Church of the Brethren Cedar Run Church of the Brethren Church of the Brethren Community Mission Church of the Brethren	Dayton Church of the Brethren Emmanuel COB-Women's Fellowship Fairview Church of the Brethren Faith Bible Sunday School Class at Bridgewater United Methodist Church First Church of the Brethren-Harrisonburg Flat Rock Church of the Brethren Hiner Church of the Brethren Luray Church of the Brethren Madison Church of the Brethren Memorial Church of the Brethren Mill Creek Church of the Brethren Montezuma Church of the Brethren	Mount Bethel Church of the Brethren Mount Olivet Church of the Brethren Mt. Carmel Church of the Brethren Mt. Grove Church of the Brethren Mt. Pleasant Church of the Brethren Mt. Zion Church of the Brethren-Broadway Mt. Zion Church of the Brethren-Luray Oak Park Church of the Brethren Pine Grove Church of the Brethren Pleasant Valley Church of the Brethren-Weyers Cave Round Hill Church of the Brethren Shiloh Church of the Brethren Smith Creek Church of the Brethren	Staunton Church of the Brethren Sugar Grove Church of the Brethren Summit Church of the Brethren Summit COB Women's Fellowship Sunrise Church of the Brethren Timberville Church of the Brethren Valley Pike Church of the Brethren Wakemans Grove Church of the Brethren Waynesboro Church of the Brethren
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## Legacy Council Membership

Judith Miller Allen Chloia R. Barker Roger & Sonja Bible Bill V. Neff Dr. Emmert & Esther Bittinger Jim & Sylvia Kline Bowman Ronald & Mary Bowman Dr. Dick L. Boyd Chester & Nancy Bradfield Bridgewater Home Auxiliary Daniel & Nancy Brubaker Allen & Naoma Clague Alfred & Melba Cline Patricia S. Costie Mensel & Linda Dean Margaret K. Dent Dr. Garner H. Downey Janice Drechsler Hattie Driver Theodore & Mary Beth Flory Thom Flory Rosie Fulwider	John & Marilyn Garber Kathleen Gardner Ethylene L. Gilbert Janet W. Good Dr. Hantford L. Graham Janina Greene Sidney & Joyce Grove Miriam M. Holl Wilda W. Holsinger Paul & Mary Ann Hoyt Rufus & Elaine Huffman Kevin D. Humphries Barbara H. Jewell Helen R. Jones Peggy C. Kennedy Sallie E. Kiser Pearl L. Lantz W. Price & Sandra Lineweaver Mary Ann Littrell Doris M. MacDaniel Miriam S. Martindale Paige D. Martindale	Marion & Joan Mason Peggy G. Mason Joel "Mac" & Beverley McCauley Dr. Robert M. McDonald Carl & Patsy McDuffie Karen P. McNeal Dawn Elizabeth Miller Janice Kathryn Miller John Leigh & Janet Carter Miller Mary Lou Miller D. Jean Petre Carolyn Price Eva Reeves Richard & Maralee Reeves Kennon & Nina Rothchild William & Josie Sale Jeffrey & Patty Schleifer Cathryn F. Seese Edgar & Catherine Simmons Terry & Vickie Slaubaugh Dr. Bobby L. Smith Elizabeth H. Snyder	Mrs. Lelia M. Stark Howard & Virginia Stover Rev. Fred & Nancy Swartz H. G. Texiere Nancy G. Trout Gary & Marcia Tyeryar Louise T. Vakil Ann E. VanPelt Lucile H. Vaughn Janice W. Wade Bonnie Lou Wampler Dr. J. Paul & Priscilla Wampler W. Steve & Ruth Watson Eleanor C. Weaver Helen M. Wetsel John & Gene White N. Paige & Ann Will Gladys B. Wonderley Richard Wright
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† = deceased





**The Bridgewater HealthCare Foundation, and the entire Bridgewater Retirement Community, deeply appreciate the contributions of each donor and volunteer. We have made every effort to make these lists complete and accurate. If you notice a mistake or an omission, please accept our apologies and contact us at 540-828-2652.**



# Investing in Quality of Life

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**H**as there ever been another year that more dramatically clarified what determines quality of life? As we stopped seeing our family members, going out to eat, traveling and just generally running around, we had time to think about what makes our life fulfilling. What was important for you? How did you cope with not being able to do the things that matter to you or see the people that make your life meaningful? I think most everyone took time to be grateful for what we did have but grieve the time we cannot get back. Quite literally, we are all exhausted.

Many of you have family members in Assisted Living and Nursing at BRC. You understand how these feelings were magnified for our residents who could not come and go and, for their own safety, were kept isolated from loved ones. Our residents and team members felt this loss very powerfully. In an organization that focuses on quality of life at any stage, not being able to give our residents these simple daily joys has been an emotional challenge. Our team members worked with family members to thoughtfully reimagine quality of life experiences. Thankfully, because of the generous support from our donors, we have the resources to help make these experiences possible.

Since family members at first could not come on campus we purchased additional iPads to help residents communicate face-to-face with their loved ones. In-person events became virtual and interactive components were created for IL, AL and Nursing residents. One example would be the adaption of Founders Day to a selection of virtual workshops such as flower arranging, wine and cheese tastings, and cooking demonstrations. Our nursing team arranged a family parade through the community so residents could see their family drive by with special signs, cheering, and much blowing of kisses. We tried to make holidays as special as possible and worked tirelessly to deliver care packages and videos, so residents and family members remained connected. These activities helped boost everyone's spirit. Now the vaccine helps us feel like there is light at the end of the tunnel. We are grateful for all the support that has made this possible.

As we look forward to the end of the pandemic and the return to something more normal, we will not forget how important quality of life is for our residents. The Foundation is currently exploring a financial campaign to raise funds for new endowments to enhance and grow current programming that offers enriching experiences to our residents. The areas we are looking to develop include Health and Wellness, Arts and Scholarship and our Community Outreach/Volunteerism programs. We currently have programming in these areas, but with your support we could do so much more. As 2021 progresses you will begin to hear more about these hopes and dreams. We hope you will be as excited about the possibilities as we are and will join with our many donors who wish to give our residents as fulfilling and engaging a life as possible.



*Carrie Budd  
Vice President for Development & Community Relations  
Bridgewater Retirement Community*

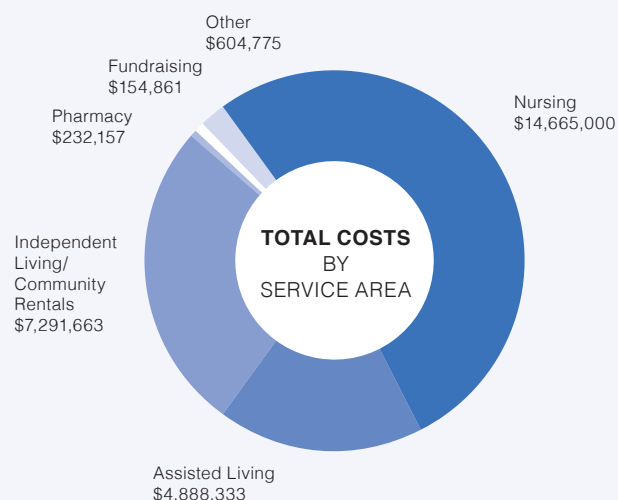
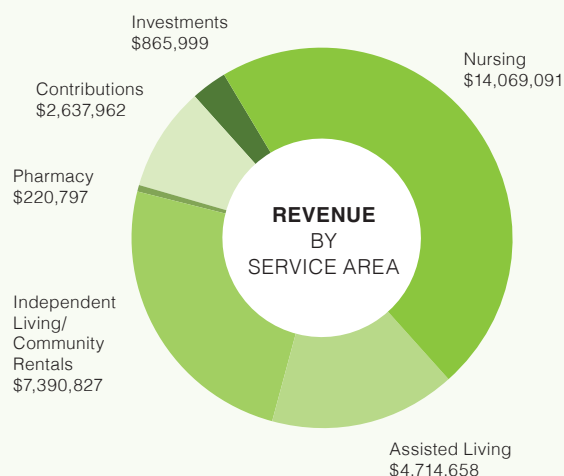






# 2019-2020 Financial Dashboard

Contributions and income from investments are crucial in bridging the gap between revenue and operating costs in each of our four service areas.



## TOTAL COSTS BY CATEGORY

<p>Salaries, benefits, payroll taxes</p> <p><b>\$15,694,846</b></p>	<p>Medical supplies, food, and therapy</p> <p><b>\$3,778,303</b></p>	<p>Facility costs, utilities, equipment</p> <p><b>\$2,287,688</b></p>	<p>Administration</p> <p><b>\$1,740,904</b></p>	<p><b>TOTAL</b></p> <p><b>\$27,836,789</b></p>
<p>Other expenses</p> <p><b>\$27,599</b></p>	<p>Depreciation and amortization</p> <p><b>\$2,849,075</b></p>	<p>Insurance, taxes, and business licenses</p> <p><b>\$923,376</b></p>	<p>Interest</p> <p><b>\$534,998</b></p>	

## ASSETS

Current Assets	Investments	Physical Property and Equipment	Other assets	TOTAL
<b>\$8,229,704</b>	<b>\$32,787,571</b>	<b>\$89,124,224</b>	<b>\$2,497,357</b>	<b>\$132,638,856</b>

\*Bridgewater Retirement Community's fiscal year runs from October 1 through September 30.

If you would like a full copy of BRC's audited financial statements, contact

Carrie Budd, Vice President for Development and Community Relations, at 540-828-2509 or cbudd@brcliving.org.



## COVID-RELATED EXPENSES

Guard Shack and Security Firm	\$194,658.93
PPE, sanitation supplies, testing, and vaccine clinics	\$158,999.62
Extra pay and benefits to team members	\$345,915.00
Additional labor costs	\$81,932.00
<b>TOTAL:</b>	<b>\$781,505.55</b>



## OCCUPANCY RATES

October 2019–September 2020



### Independent Living

269 RESIDENCES

96% occupied or contracted



### Assisted Living

not including memory support:

55 APARTMENTS

98% occupied



### Memory Support

16 ROOMS

96% occupied



### Nursing Households

127 ROOMS

94% occupied

### OVERALL

467 RESIDENCES

95% occupied or contracted

## Bridgewater HealthCare Board of Directors, 2020

John Flora, *Chair*  
 Claire Martindale, *Vice Chair*  
 John Garber  
 Neil Houff  
 Deborah Greubel  
 Sherry Mongold  
 John Neff  
 Larry Powell  
 Abe Shearer  
 Sally Shomo  
 Steve Watson  
 Bob Wheatley

## Senior Leadership Team

Rodney Alderfer, President  
 Carrie Budd, Vice President for Development & Community Relations  
 Michael Drueen, Vice President of Human Resources  
 Barb Frye, Director of Nursing  
 Jeannette Suter, Vice President of Independent Living  
 Jeff Lambert, Vice President for Healthcare  
 Anne O'Donohue, Vice President for Support Services  
 Jim Weaver, Vice President of Finance

This 2020 Impact Report reflects the work of many. We particularly recognize:

EDITORIAL: Crista Cabe, Director of Marketing & Sales  
 Jeremy Douylliez, Communication Specialist  
 DESIGN: Queen City Creative  
 PHOTOGRAPHY: Sera Petras Photography, Dustin Blyer/Blue Ridge Multimedia, Mike Miriello/The Downtown Creative

BRIDGEWATER  
RETIREMENT COMMUNITY

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**Contact us today to  
explore your options at BRC.**



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[brcliving.org/assisted-living](http://brcliving.org/assisted-living)

## Assisted Living and Memory Support is expanding!

This spring, the completion of a major construction project is significantly expanding capacity in both Assisted Living and Memory Support — a rare opportunity to live in our top-rated community which usually operates near capacity.

At BRC you experience the comfort of home in our gracious studio and one-bedroom apartments, with just the right support you need to maintain maximum health and independence. Multiple apartment styles, dining experiences, and levels of care are available to you right at your doorstep. Plus, Assisted Living residents can take advantage of all the amenities — restaurant style dining, a modern fitness center, on-site salons, library, outdoor pavilion, and a host of wellness and spiritual life services.