

THE Bridge

SUMMER 2019



Coming Soon!

New Services, New People, New Looks!



Bridgewater Retirement Community (BRC) and Valley Program for Aging Services (VPAS) are partnering to conduct an in-depth study of the needs of seniors in Harrisonburg, Rockingham County, and Augusta County. With that information, we will challenge local governments, health providers, service providers, and other nonprofit organizations to work together creatively to meet those needs.

As an organization Bridgewater Retirement Community's support of the greater community has always been strong. Now we are immersed in an exciting new project that focuses on the Seniors in our greater community and takes this support to another level. At BRC our focus is always on our residents and supporting them with

dignity and compassion so they can have a purposeful and meaningful life. We also know that our residents represent only a small number of the Seniors that live in the Harrisonburg/Rockingham/Augusta area. Many of the people in our greater community face aging without the support they need.

Our board and senior team agree that as a mission-driven, nonprofit organization we care deeply about all Seniors and that we need to look outward and see how BRC can make a difference. We realize that the responsibility to make an impact on the lives of Senior neighbors belongs to everyone. But which need is the most important? Which makes the most sense to attack first? Before we make this effort, we need information.

In partnership with VPAS and Holleran, an independent research and consulting firm, a four-part Senior Community Needs Assessment is being used to gather this information. Holleran has already collected secondary data from publicly available sources to give us an overall picture of the Seniors in Harrisonburg, Rockingham County and Augusta County. BRC recently completed a

survey of over 80 key informants in our community, individuals in social services, area hospitals, attorneys, local government, home health providers, etc. who work every day with Seniors.

Now we need information from persons 65 years of age or older who live in our area. You can help by participating in an online survey. (All responses will be updated as a group). Those taking this survey will add their voice to the hundreds of others helping us find out what the needs of seniors are now, will be in the future, and how those needs in our greater community can be addressed. The survey will be available August 12 to September 30 on the BRC website, www.brcliving.org/survey.

The final part of this survey will involve caregivers. For many Seniors, it would be difficult to continue living in the community if they didn't have a spouse, family member or neighbor to help them on a regular basis. Caregiving is a challenging job and caregivers need support as well. This survey will be available on October 7, and can be reached through a link on the BRC website.

However, this is only the beginning. We will receive a comprehensive report by the end of 2019, and we plan to share the results during a series of public community meetings in 2020. By sharing results, we can also invite and challenge other organizations in our community to partner with us to meet the most important needs. Stay tuned as we share our discoveries.

BRIDGEWATER RETIREMENT COMMUNITY

Board Profile

by Karen Doss Bowman

As president and CEO of Farmers & Merchants (F&M) Bank for 14 years, Dean Withers oversaw a thriving business: Under his leadership, the bank's assets more than doubled in value from about \$350 million to \$770 million.

These days, Dean—who retired in June 2018—is contributing financial expertise gained from a 30-year banking career to support Bridgewater Retirement Community (BRC) as a member of the Bridgewater Healthcare Foundation Board's Investment Committee.

"I've always known of the Bridgewater Retirement Community as a well-respected organization and a pillar in the local community," says Dean, an Augusta County native. "It has provided a good outlet where people may live independently as they age, but also receive high-quality healthcare services if needed. My wife, Kim, and I have supported the organization over the years, and I'm honored to be involved at a deeper level."

A graduate of James Madison University and the Louisiana State University Graduate School of Banking, Dean was honored last October as Community Banker of the Year, an award presented by the Virginia Association of Community Banks

(VACB). Prior to joining F&M Bank as vice president of loans in 1993, Dean worked for First American Bank of Harrisonburg and for the Farm Credit system.

During his tenure at F&M Bank, the organization grew from six to 13 locations throughout the Shenandoah Valley. It also expanded services to include a mortgage affiliate, a loan production office, an automotive dealer finance division and a title agency. He oversaw this growth and expansion while maintaining the bank's commitment to the local community.

It makes sense that Withers would be drawn to a volunteer post with BRC: The organization's resident-centered, family-oriented culture closely aligns with the warm, approachable and community-centered management style he cultivated throughout his career.

According to an F&M press release from 2018, "Dean is well known at F&M Bank for being approachable, a good listener, and a champion of encouragement for personal and professional growth, as well as the impetus for active community involvement for which F&M Bank employees have come to be known."

Dean, who continues to serve on F&M Bank's board of directors, has served as chairman of the VACB and on numerous Virginia Bankers Association



committees. A past member of the Sentara RMH Foundation Board, Dean attends Timberville Church of the Brethren. He and Kim—who have two sons and one grandson—enjoy golfing and spending the cold winter months at their second home in Myrtle Beach, S.C.

Dean believes that one of the Foundation Board's biggest challenges is maintaining financial stability in the face of rising healthcare costs. A priority for the board is to grow the funds that support residents whose resources have been depleted.

"I hope that my background in banking and finance will be valuable in helping the Foundation Board raise funds that will help the Bridgewater Retirement Community continue its growth while supporting the needs of current and future residents," Dean says. "People appreciate the family atmosphere here. The residents' loved ones have peace of mind knowing that their aging parents, aunts or uncles can live independently, but also have access to high-quality healthcare if needed."



BRC Week: A thank you to all

Wonderful weather, great participation, delicious treats, and fantastic prizes made our annual BRC Week a happy week for team members and residents. Several years ago, BRC decided to not do individual department week celebrations and to take one week out of the year to celebrate all of our team members during the same week. Being the dedicated caring people they are, team members decided residents should be an integral part of the fun. Every June, BRC week holds an annual celebration of who we are, what we believe and how we enjoy our BRC family. Thanks to all who make this possible.



Monday: Ol' Fashioned Chili Cook-Off

Top chili recipes from around the BRC community were put to the test. Teammates and resident judges selected the tastiest batch. Prizes were awarded for Judges' Choice and People's Choice.

Tuesday: Pastime Team Trivia & Deep-Fried Favorites

June's café was a weather friendly space for an afternoon of team trivia, and favorite-fried treats. For our night team members a dinner of hot dogs, chips, cookies, and drinks were served.

Wednesday: Leading Healthy Teams; Leadercast 2019 Rebroadcast

Residents and Team members enjoyed inspiring rebroadcasted leadership presentations from world renowned leaders Ginger Hardage (Southwest Airlines) and Carla Harris (Morgan Stanley). Delicious snacks and coffee were enjoyed, and a paid VACATION day was raffled off to attendees during each viewing!

Thursday: Family Picnic and Yard Games

Team members and their families enjoyed a cook-out with a BBQ

catered meal at Oasis Pavilion. Yard games, and plenty of games for kids and adults alike added to the fun!

Friday: A Friendly Game of Whiffle Ball and Thank You Gifts, What could be more fun?

Every team member received thank you gifts, ice cream sundaes, and thank you cards. A friendly game of wiffle ball between Senior Team vs. a valiant group of representative Team members resulted in a tie. Villager Phyllis Arbogast threw out the first pitch.

Beginning a New Adventure

by Karen Doss Bowman



For Richard and Maralee Reeves of Augusta County, farming has been a way of life for as long as each can remember. These days, however, they're getting ready for big changes: The couple is selling the 107-acre farm they've called home for 46 years. In December, they will join the inaugural group of residents moving into The Grove at Bridgewater Retirement Community.

"It's just time to downsize and to have less responsibility," Maralee says. "Living on a farm is so much work—we've enjoyed it, but we're looking forward to what's next."

Richard, a former member of the Bridgewater HealthCare Foundation Board, adds, "We've known about Bridgewater Retirement Community

all these years, and we know it's a wonderful place. It's a well-run organization, and many of our friends live there. I think we'll be happy at The Grove."

The Reeves, who celebrated their 60th wedding anniversary in July, married shortly after Richard graduated from Virginia Tech. Farming and raising livestock were "sideline" ventures for Richard. After working briefly as a high school agriculture teacher and for Shenandoah Valley Meat Packers, Richard was hired as an agricultural loan officer at Farm Credit—a post he held for 10 years before being promoted to president and CEO. He served at the helm of Farm Credit for 25 years before retiring. Maralee devoted herself to the

home front as a stay-at-home mom to the couple's son and two daughters.

The Reeves, who have traveled to all 50 states and to 10 foreign countries—including Australia, New Zealand and Switzerland—enjoy weekly visits to their hand-hewn log cabin, which sits on 600 acres in West Virginia. Longtime members of Moscow Church of the Brethren, they have six grandchildren.

Bridgewater Retirement Community has undergone dramatic changes since Richard and Maralee's parents lived in assisted living and nursing care decades ago. They are looking forward to the perks offered by The Grove, including garage parking and indoor access to dining and activity venues.

"We will be close to anything we need without having to go outside when the weather is bad," says Richard, an avid woodworker and former member of the North River Ruritan Club. "And it's comforting to know that if either of us needs to go to skilled care, the other can easily walk over to visit. Bridgewater Retirement Community has an atmosphere of home, and we will be surrounded by friends. Everything flows smoothly there, so we will have no worries."

"It's time for a slower pace," Maralee says. "We don't want to be a burden to our children, and we have peace of mind knowing we'll have the care we need. Throughout our marriage, we've been involved with our children's activities, and with our church and our community—we're just ready to sit down and enjoy what's around us at our own pace."

New Wellness Program Takes Shape

Alison Mowbray Snook, better known to all of us as Ali, is an energetic, smiling face that will be seen on campus a great deal in the future. Ali's life is not boring. She has four daughters (yes, a set of twins), a hard-working husband, and a great extended family. Added to that Ali has been selected as our new Fitness Center Coordinator.

While the construction is underway, she can be found in scheduled alternative locations. Group fitness classes are being held right now in the ArtWerks building. We look forward to soon having our new fitness center and aerobics room in place. Space and placement of machines, safety protocol, hours and new team members are all being finalized.

Fitness Specialist Eric Samuelu, BS, started on July 1st, and Audrey Roach, BS, started in August. All Fitness Specialists at BRC must have backgrounds in health sciences as well as being qualified in assessment services. That means that when you come into the fitness center in Maple Terrace, there will be a baseline for exercise prescriptions and an individual program made for each participant that best suits individual fitness goals. Every person is different, and we all need a plan that will motivate us to move toward our personal goals.

Ali's big dream is to replace all the old equipment in the Fitness Center. Of course, that can't all be



done at once, but new equipment with better technology that makes it user friendly will begin to appear. Safety always will be the priority theme, so getting everything worked out still has a few kinks. "Yes, hours will expand, and we hope that membership by team members will also expand. Our team member fitness is just as important as resident

fitness. It better enables us to do our jobs and curbs fatigue and stress," Ali explains.

"We are very excited to be able to offer a more personal aspect to wellness. We really want to grow our programs and the number of residents and team members who use the gym. Our aim is to blow some fresh air into the wellness program here, with respect for knowing that people may be reluctant to change. However, change makes us grow in many good ways. We want to challenge thoughts, improve good habits and put people in control of their health routines.

"I'm looking forward to some new group experiences as well. Walking Clubs, Tai Chi outside, maybe a pedometer group...and other things that will come out of requests from residents and team members. That makes all

the hard work getting things ready, really, exciting," Ali says.

Using exercise space is one of our fitness benefits, and team members should get ready to enjoy the new Wellness space and programs on campus. Coming soon!



Looking for a Home Care Provider?

by Robbie Franklin, Outreach Coordinator

Our Mission:

We believe that better care begins at home and are committed to being your resource for home health and hospice.

Our Philosophy

is based on a culture founded on three principles:

1. Respect and Caring
2. Ethics
3. Quality and Safety

Our Vision:

To be the provider of choice for home based care through a culture of quality, compassion, excellence and stewardship!

Bridgewater Retirement Community and VMRC first became affiliated with the First Choice organization in 2004 and jointly purchased First Choice in July of 2007.

First Choice originally opened in 1977 as a home care service provider named Home Call of Harrisonburg. Services provided to area clients included: bathing, dressing, assistance with walking, exercises, companion services, meal preparation, medication reminders, and transportation, to name just a few. First Choice broadened its services in 1981 to offer skilled home health services. This is a Medicare benefit and includes skilled nursing, physical therapy, occupational therapy, and speech therapy. First Choice became Medicare certified in 1988.

Sunnyside Retirement Community then joined this partnership January 2015. Later that same year, First Choice began the licensure process for its hospice program, and became CHAP certified January 2016 to provide hospice services.

Today, First Choice Home

Health & Hospice is located at 1819 Virginia Avenue just north of the VMRC campus. It is unique in that it offers all three levels of care, home care, home health, and hospice under one roof. Clients are potentially able to move through the continuum of care utilizing just one or all three of our company's services. These services are all provided in the clients' place of residence, whether that is in their home, an assisted living community or a nursing facility.

The staff at First Choice believes in a patient's choice when it comes to choosing a provider. We strive to provide care and services that will ensure confidence that First Choice should be your "first choice" for home-based services. While First Choice home care services are available only in Harrisonburg and Rockingham County, home health and hospice services are available anywhere in Harrisonburg/Rockingham County, Staunton/Waynesboro and Augusta County, Page County, and Shenandoah County. For more information on First Choice, call toll free 1800-541-3398 or check the website: <https://www.firstchoiceharrisonburg.com>.



BRC Gifts Campaign



This year's BRC Gifts Campaign, *Let's Grow Something Together*, wrapped up at the end of June. Thirty percent of team members contributed \$18,611.69 to support Team Member Relief, the Resident Care Endowment Fund, and the Meditation Garden. Many thanks to all who gave so generously and to the following team members who helped with the campaign:

Bill Kile and Anne Whitney Flint,
Co-chairs
Arik Atkins
Rissa Eakins
Earlene Groce
Felicia Ritchie

Brian Landes
Brad Anderson
Brittney Robey
Laura Spicer
Mike Bragg
Candy Biller
Lacey Karres

Felisha Lam
Alyssa Miller
Fallon Ryman
Lisa Sinegra
Nicole Yeago
Priscilla Sheffer

“Junior Volunteers Are a Godsend”

by Lev Norford

How exciting to talk to parents whose children are first-year Junior Volunteers at BRC, and to hear about the enthusiasm their son or daughter has for their experience with us. Even more rewarding is to hear from older students who are repeat participants as they share their stories of residents, rewarding moments, and what this program has meant in their lives.

Being a BRC Junior Volunteer is a real commitment. It means taking responsibility for being in place and on

time and doing a job that is assigned to you. It means coming through for people who depend on you. You need to be aware of your actions and understand their impact on BRC residents and team members.

This summer, 29 young people made and fulfilled that commitment. They range in age from 12 to 16. The official program runs from June 11 through July 31, but many of the Junior Volunteers stay involved throughout the year, continuing to commit their time after school and on weekends.

“Junior Volunteers are a godsend,” says Faith Cayton, LPN in Restorative Care. “Without them, our summers would be impossible.”

Kolby and Kerrick Goodwyn enjoy taking residents for walks. Earl Rodger enjoys joking with them. Cheyenne Burkholder, Hannah Landis, and Madison Critzer help clean and visit residents. Jack Whitley loves visits. Junior Volunteers also serve ice cream, fill ice pitchers, give manicures, and perform dozens of other small jobs that help residents and team members through the day.



Where are Our Residents?

by Rhonda Collins

Whether it's boarding a bus or a boat, visiting a city, exploring a museum, listening to a concert, playing on a golf course, or just enjoying local treats, our residents enjoy a full range of activities planned by our Activities professionals. Recently trips to Charleston, South Carolina; Paducah, Kentucky; St. Louis, Missouri and Winchester, Virginia were additions to the trips in our local area. Residents have enjoyed old cities, museums, beautiful gardens and a wide variety of eating experiences in interesting places. A huge thank you to the travel teams who plan and lead these tours and to our team members who accompany these trips and make travel easier and safer.



Middleton Plantation - Charleston, South Carolina



Middleton Plantation - Charleston, South Carolina



ABOVE: Mulligan's Mini-Golf - Harrisonburg, Virginia

LEFT: Fort Sumter National Monument - Charleston, South Carolina



Woodrow Wilson Presidential Library



Wright's Dairy Rite - Staunton, Virginia



Tropical Smoothy Cafe



Middleton Place - Dorchester County, South Carolina



Ellis Park Race Track - Henderson, Kentucky

Meet the Chumbleys



The postcard Mike and Sally Chumbley received in February 2017 advertising The Grove “was a miraculous catalyst.” The quality features, numerous amenities, life simplifying conveniences and proximity to all that BRC has to offer captivated them. All venues will be interconnected including an internal garage so that they will enjoy unlimited activities without having to go outdoors during inclement weather. No more house maintenance, year-round yard work, or hurricane prep! They suddenly realized this was their chance to simplify and enrich their lives while transitioning back to their beloved Bridgewater.

Mike and Sally responded to The Grove postcard and began the process to become Grove residents. They were delighted by the incredibly friendly and warm reception, help and support they received from the wonderful BRC Marketing Team who made them feel more like family than future residents.

Mike and Sally’s decision to make the Grove their future home was met with the enthusiastic approval of their two grown children, Sara in Seattle and Matt in Denver, as well as Mike and

Sally’s lifelong friends in Bridgewater and at BRC. The Chumbley family had its roots in the Bridgewater area and considered it their real home. This exciting Grove opportunity would bring them back.

Mike and Sally attended Bridgewater College; Sally later transferred to JMU. Marriage, careers and children followed. Sally became a special education teacher at Massanutten Vo Tech. Mike became an Airline General Manager at the

Shenandoah Valley Airport. Their children were born and raised in the Bridgewater / Mt. Solon area and Sally chose to be a stay at home mom.

The whole family was actively involved in the Bridgewater Church of the Brethren (BCOB) for 15 years until Mike was promoted and transferred to BWI in 1986. They were sad to leave their church and close friends who had become family. During their time at BCOB Mike and Sally were members of the choir, taught Sunday school,

attended the Koinonia class, and served as heads of the Deacon Board. During this time Pastor Wayne Judd told Mike that the church needed a food pantry. Mike then created the Bridgewater Interchurch Council Food Pantry, and led a team of talented and wonderful volunteers to make Pastor Judd’s vision a reality. It continues to thrive today.

Another transfer in 1990 relocated the Chumbleys to northeast Florida. Mike’s new responsibilities included airports up and down the East Coast as well as four airports in the Bahamas.

Sally took four years off to provide care for Mike’s mother in their home until she passed. Sally then returned to her teaching career serving students with intellectual disabilities while being heavily involved in Special Olympics. Subsequently, she was chosen as her school’s Teacher of the Year. In 2016, Sally retired from a 29-year teaching career. Mike, currently in his 39th year with American Airlines/American Eagle, serves as Director of the Southeast Division which includes 21 airports.

Anticipating their move into the Grove, Mike and Sally sold their house in March and relocated temporarily to Parnassus (southwest of Bridgewater) where Mike continues to work remotely. They are delighted to have renewed their membership in the BCOB. Both are serving as ushers, enjoying new friendships and waiting with expectant joy as their Grove apartment is finished.

If you want to make Sally and Mike smile, just ask them if they are excited about their future wonderful Grove home!



BRC Receives Uniquely Artistic Gift.

On August 6, the BRC community gathered at the Oasis to celebrate a beautiful new piece of public artwork on the BRC campus. It’s a barn quilt created and donated by BRC Operating Board member Sally Weaver Shomo.

Sally says numerous members of her family have been residents through the years, and she made the gift to BRC in their honor. She recalls a great aunt who was one of the earliest residents of the Bridgewater Home building. Her grandmother lived in one of the first apartments to open in independent living. This generous donation honors the Weaver family. Sally’s mother Mary Katherine Weaver is currently a resident in Wellness House.

When she began serving on the Board a few years ago, Sally found herself impressed by how much BRC has grown. “It offers so many different services and provides residents such a feeling of community and family. It’s a great experience for those who live there.”

The barn quilt has been installed on the back of the Oasis building, facing the parking lot, as a beacon and grace note for BRC’s most popular outdoor gathering spot.

on our front
Cover

Please see the article on page 7 for more information about our new Fitness Center team members.

Community CONNECTIONS



Stuff the Bus

BRC team members and residents were excited to support the United Way Stuff the Bus Project this year. During the month of July we collected over \$200 worth of donated supplies from team members, residents and community members. On Friday, August 2, 2019, team members and residents supported Stuff the Bus Collections at Dayton Walmart. Thank you to the Harrisonburg Rockingham United Way for allowing us to be part of this "Live United" opportunity to support local school children with school supplies.



Other Community Connection Events

In addition to the Stuff the Bus success, BRC Community Connections also participated in the Dayton Muddler. Funds raised through the registration and sponsorship of this race support Boulder Crest Retreat and its commitment to improve the physical, emotional, spiritual and economic wellbeing of our nation's military, veterans, first responders, and their family members.

We also sponsored a blood drive for the American Red Cross, and we participated in a clean-up day for East Gate Ministries Grace House, a Christian mission that provides compassionate and continuing care for young women ages 18 to 30 who seek healing, hope and restoration where lives have been broken by sexual trauma.



Upcoming Events for Community Connections

In September, BRC Community Connections will participate in the United Way Day of Caring. Volunteers will go into the greater community to help complete a variety of projects for local nonprofits.

In November the BRC Energizers!! will Walk to End Alzheimer's with area participants. Join the walk at University Park Recreation, James Madison University. Registration is at 9:00 a.m. See our website: www.brcliving.org for more details about how to assist our BRC team. Candise Williams is leading this team effort.





A newly fashioned rope swing provides a joy-filled picnic ride for Household Coordinator Sara McAlister and resident Mia Schrader.



LEFT: Team members Danny Ritchie, Eddie Michael and resident Raymond Diehl enjoy touring the livestock exhibits at the Rockingham County Fair. Diehl and Michael were former farm neighbors.

Summer Fun With Residents

What says summer more than picnics, ice cream and the county fair? Residents and team members found plenty of ways to have fun and beat the heat of the summer. Picnics by the rivers, summer concerts, trips to favorite restaurants, an excursion to an antique mall, gardening, riding in the Bridgewater Firemen's parade and attending the Rockingham County Fair were just a few of the highlights. Handwork, puzzles and conversation filled rainy days. A big thank you to our Maintenance and Grounds team members for their herculean efforts in transporting, escorting and making these events possible.

RIGHT: Professional harpist Virginia Bethune and celloist Edward Gant performed a beautiful hour long mid-summer concert for residents in Assisted Living.

BELOW: Never too old, always ready to share the energy for life, Jared Lunn and Jean Chestnut peek over their seats on a ride at the fair.



Ice Cream anyone? A picnic in the park is complete with fresh ice cream and Miriam Holl providing elbow power. Great exercise and shared fun resulted in a tasty treat.



Evelyn Harpine spent her summer making a quilt. Flowers in the quilt came from Bethel Church of the Brethren, and Evelyn skillfully arranged and finished this beautiful creation.



Carter Spicer enjoys a painting experience with his Assisted Living friends while his mom looks on. Laura Spicer became Director of Resident Well-Being and Engagement last year.

Earl and Margaret Thornton
Timberville Church of the Brethren
Tom and Lori Mendez
Jacqueline G. Towers
Valley Pike Church of the Brethren
Lara and Jay Vance
Lucile H. Vaughn
Frederick and Joyce Wampler
Dr. J. Paul and Priscilla Wampler
Waynesboro Church of the Brethren
Robert and Karen Wheatley
Larry and Amy White
Wiley Ford Church of the Brethren
Richard and Pamela Wilkins
Ray and Ann Wine
Mirna Belle Wolfe
Gladys B. Wonderley
Richard and Margaret Wurst
Shad and Nicole Yeago
Matthew and LeAnne Young
Zella Gahagen Trust
Robbie Jean Zirkle
Barbara Zombro

TRIBUTES
May 1, 2019 – July 31, 2019

In Honor of

BRC Dining Services

Nelson Marrotte

Joy House

Laura C. Spicer

Louis Spicer

Laura C. Spicer

Ms. Evelyn Harpine

Stanley and Winifred Harpine

Team Members, Residents &
Volunteers Who Make BRC

The Best Place to Work

Pamela B. Arbogast

Michael Heath Carter

T.C. and Barb Frye

Owen & Dolly Harner

Mike and Lavonne Harner

Carla Griffin

Phyllis A. Peterson

In Memory of
Wilma Allen

Evelyn A. VanPelt

Alice F. Beaman

B. Franklin and Ann Salyards

Carroll and Joan Biggs

Victor J. and Cheryl B. Smith

Jewell Gross Brenneman

George Brenneman

George E. and Roseline W. Bryan

Betty Bryan Dove

Thomas H. Byerly

Samuel and Lillie Ann Flora

Paul and Mary Ann Hoyt

Teresa D. Hupp

Richard and Maralee Reeves

Dorothy V. Sharpe

Marie L. Stump

Mike Campbell

D. Jean Petre

Roberta Cline

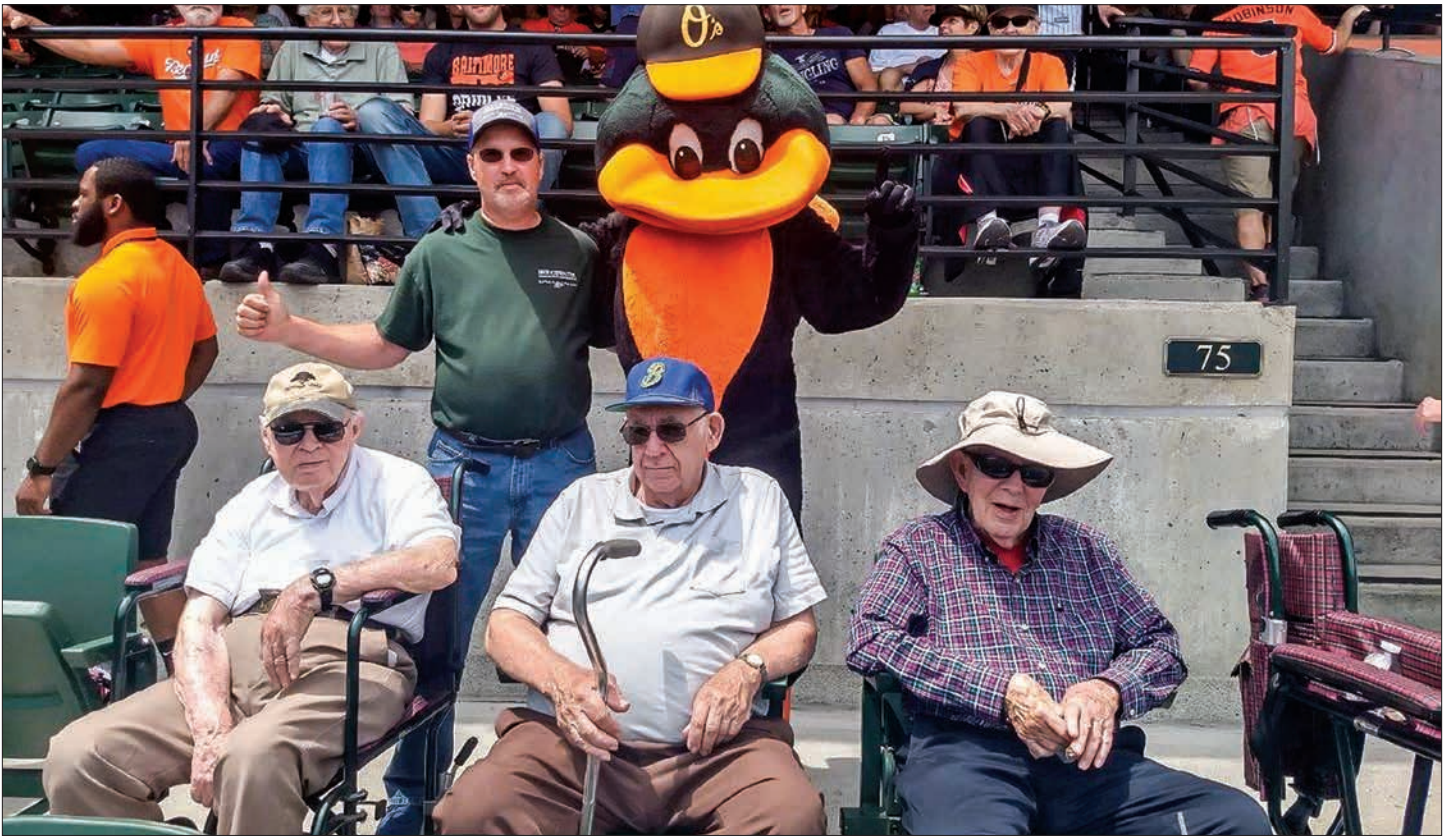
Donald and LaVonne Bailey

Non-Tributes
May 1, 2019 – July 31, 2019

Anonymous Donors
Raymond and Susan Albers
Jean Armstrong
John G. Barr
BB&T
Beaver Creek Church of the Brethren
Gary and Nancy Beckfeld
James and Anita Beckman
Norman and Doris Benner
Bethel Church of the Brethren-Keezletown
Fletcher and Kay Bingham
Bruce and Nancy Bowman
Chester and Nancy Bradfield
Grady and Martha Bradfield
Bridgewater Church of the Brethren
Bridgewater Country Hams
Bridgewater Home Auxiliary
Calvary Church of the Brethren
Cedar Grove Church of the Brethren
Cedar Run Church of the Brethren
Robert and Dianna Chandler
Charlottesville Church of the Brethren
Patricia S. Costie
Samuel and Nancy Dagen
Robert and Lois Emswiler
Walter and Fonda Erdman
Fairview Church of the Brethren

Farmers & Merchants Bank
James and Ann Flora
John and Jan Flora
Theodore and Mary Beth Flory
Doris Jeanne Frantz
Forrest and Freddie Frazier
John and Marilyn Garber
James and Phyllis Gaskins
John and Mary Glick
Jeana Golin
William H. Groseclose III
Sidney and Joyce Grove
Donna and Doug Hahn
Brenda & Roger Hall
Gary Hampton
Judy Henneberger
Connie Hilgemann
Margaret F. Horn
Michael and Gail Hunt
Darlene Jenkins
J. Robert and Patricia Johnson
Dorothy Kasten
W. Steven and Nancy Keplinger
Jean L. LeRoy
Geraldine S. Lewis
Luray Church of the Brethren
Madison Church of the Brethren
Herman D. Mason
Mill Creek Church of the Brethren
John and Ann Monger

Ruth E. Monger
Mt. Bethel Church of the Brethren
Newbury Corporation
Rosemary and Jack Nicholson
Lee and Lavenia Norford
D. Jean Petre
Pleasant Valley Church of the Brethren-Weyers Cave
Larry and Linda Powell
Nan Powell
Odile M. Proctor
Michael and Barbara Pugh
Dr. William Reish and Mary Reish
Carrie B. Rhodes
William and Tammie Rodgers
Round Hill Church of the Brethren
LeVerle H. Sappington
Fred and Helen Shank
Helen W. Shickel
Martha E. Shifflett
Helen Shiflet
Elwood and Barbara Shrader
Edgar and Catherine Simmons
Lisa Sinegra
Terry and Vickie Slaubaugh
Charles L. Snyder III Estate
Staunton Church of the Brethren
Sugar Grove Church of the Brethren
Rev. Fred and Nancy Swartz
Richard and Fay Swope
Hobert and Jean Texiere



Take me out to the ball game! Men's Day Out was a special occasion for residents who enjoyed a Baltimore Orioles game at Camden Yards. Pictured are Don Snipes, Emil Lipscomb and Robert McDonald. Grounds Team member Eddie Hart accompanied the group on the trip.

Honor Roll of Donors



The Courts, the first Village apartments, were built in 1965-68. They are getting a whole new exterior with a modern look and feel that is similar to other Village homes with covered porches, stone columns and new roof faces.

Jill E. Costie

Glenn Alexander Costie

Ralph and Mary Crist

N. Paige and Ann Will

Leota V. DeBolt

Roma Holloway

Yolanda E. Gerard

Karen Gerard

Dorothy Gladwell

Leroy and E. Kathryn Sommers

Olive Mae Grove

Eldon and Sandra Armstrong

Mary Harris

Candise A. Williams
Rev. Hugh T. Harris

Ida Mary Hess

Leroy and E. Kathryn Sommers

Elizabeth Hodge

Rev. Samuel and Lillie Ann Flora

Julie M. Hostetter

Michael L. Hostetter

Elizabeth Keihn

Leroy and E. Kathryn Sommers

Lola Kirkland

Donald and Donna Shiflet

Denton E. Layman

Virginia D. Layman

Jean L. LeRoy

Prudence T. Crewdson
Cheryl J. Fisher
Doris Harsh
Carolyn Parish
Sylvia Rogers
Steven C. Tabscott
Brenda I. Wingfield
Carol J. Young

Andrew Marafino

Leroy and E. Kathryn Sommers

Ivan Mason

Dr. Allen and Naoma Clague
Rita M. Frost
Bobby D. and Ruth H. Glick
Ronald Mason
Leroy and E. Kathryn Sommers

Marjorie A. Mattfeld

Eldon and Sandra Armstrong

Evelyn Matthews

Patricia S. Lam

Burton Metzler

Diane H. Metzler

Charlotte Meyerhoeffer

Leroy and E. Kathryn Sommers

Albert and Lena Miller

Ramon and Barbara Colonna

George W. & Edna L. (Peg) Miller

Janice Kathryn Miller

Herman B. and Frances M. Miller

Judith Miller Allen

J. B. and Louise S. Minnich

Saraona F. Minnich

Kathryn Roller

Leroy and E. Kathryn Sommers

Carleton and Hilda G. Ruff

Rev. Jerry and Bernice Ruff

Marguerite Sanger

Leroy and E. Kathryn Sommers

Leona F. Sharp

Gregory S. Fulk

Emory Lenwood Shiflet

Helen Shiflet

John D. and Blanche E. Showalter

Ethel S. Boyers

Bernice Landis Snyder

Leroy and E. Kathryn Sommers
Walter and Debra Trobaugh

Clara V. Stinebuck

Charles and Edith Chapman

Louise C. Thomas

Jane K. Elliott
Geraldine B. Hall
Neil S. and Margaret A. Hibler
Candace Paska
Katherine L. Queen
G. Sue Smith
State of North Carolina Office of State
Budget and Management
Rosemary L. Tüben
Lara and Jay Vance

Clayton Towers

Jacqueline G. Towers

Dorris Wampler

Dr. Fred F. Wampler

Elwood and Eva Lee Whitmore

Ramon and Barbara Colonna

Tracy D. Wine

Eldon and Sandra Armstrong

Our Parents

Henry B. and Dorice M. Graham
Fred and Alice Davino

† = Deceased

THE Bridge

Editor

Lavenia A. "Lev" Norford

The Bridge Advisory Committee

Carrie Budd
Crista Cabe

Designed By

Dustin Blyer

Printer

Mid Valley Press

Proofreaders

Tammy Jordan
Missy Stover
Sandy Counts
Crista Cabe
Rhonda Collins

Photographers

Rhonda Collins
Laura Ipock Powell
Lev Norford
Pam Arbogast
Sera Petras

BRIDGEWATER RETIREMENT COMMUNITY

energy FOR LIFE

Bridgewater Retirement Community holds membership in the following organizations which help us better serve you.



Association of
Brethren Caregivers



Bridgewater HealthCare Foundation, Inc.

Yes! I want to support the **Bridgewater HealthCare Foundation**

\$_____50 \$_____75 \$_____100 \$_____Other

Enclosed is \$_____ (Your contribution is tax deductible)

☐ Bill my credit card: Card number: _____

Exp. Date _____ 3-digit security code (CVV) _____

Your gift to Bridgewater HealthCare Foundation, Inc. will bring joy to our residents and enhance their daily lives. **Thank You!**

Name/Group _____

In Honor/Memory of _____

Address _____

City _____ State _____ Zip _____

Phone _____ Send us your email _____

Contact us: cbudd@brcliving.org | foundation@brcliving.org

A not-for-profit organization under section 501(c)(3) of the Internal Revenue Code
Make checks payable to: BRIDGEWATER HEALTHCARE FOUNDATION, INC.
302 North Second Street, Bridgewater, Virginia 22812

BRIDGEWATER HEALTHCARE FOUNDATION, INC.
Bridgewater, Virginia 22812-1708

The Bridge is the official publication of Bridgewater Retirement Community, which includes Bridgewater HealthCare, Inc.; Bridgewater Home, Inc.; Bridgewater Village, Inc.; and Bridgewater HealthCare Foundation, Inc. It is designed to provide timely and useful information about Bridgewater Retirement Community. *The Bridge* has a circulation of approximately 14,000 readers. We invite your comments and requests for articles on health care issues. Reproduction of articles may be done with written permission. Please contact Lev Norford, Editor, at 302 N. Second Street, Bridgewater, VA 22812-1712, (540) 828-2550. Printed by Mid Valley Press, Verona, Virginia.



RESIDENTS OF HARRISONBURG, ROCKINGHAM COUNTY, AND AUGUSTA COUNTY
Ages 65+

What would improve *your* quality of life?

PLEASE TAKE THE SURVEY ONLINE | AUGUST 12 – SEPTEMBER 30

brcliving.org/survey

Our in-depth study will help government, service providers, and nonprofit organizations understand and address the most pressing needs of people 65 and older in our community. Your opinion matters!

BRIDGEWATER
RETIREMENT COMMUNITY
energy FOR LIFE

