

The Bridge

Winter 2019



Winter in Wonderful Bridgewater



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Standing in the new Assisted Living dining room doorway gives a great perspective on just how massive our new and renovative construction is. This photograph gives a view of the connector between current Assisted Living and the new Assisted Living and Bistro areas.

A Vision Realized

Building Connections Campaign Exceeds Goal!

by Carrie Budd | Vice President for Development and Public Relations



You have done it....again!! For the second time in seven years our community of donors has helped Bridgewater Retirement Community(BRC) exceed a campaign goal. It is very exciting to announce that because of the hard work of many campaign volunteers and the generosity of BRC's donors we have raised more than \$3,500,000 with the **Building Connections** Campaign. In January of 2017, Bridgewater HealthCare Foundation kicked off a capital campaign to support the expansion and renovation of Assisted Living, the addition of a new Memory Support House, and the Resident Care Endowment Fund. In September of 2018 the Foundation Board suspended the campaign because our goal had been met. It is a testament to the generosity of our donors and their belief in the work of BRC that we could raise over \$7,500,000 for our major projects in the past two campaigns. This does not include the generous gifts we receive on an annual basis to support our community. How could we ever thank you enough!

If you have been to our community lately it is very obvious that our Assisted Living project is well underway. There is a lot of noise and mess, but we all understand that this is progress and that soon we will have a beautiful new Assisted Living that connects to the Houff Community Center in Maple Terrace. No longer will our residents need to

go outside to visit family and friends who are in different levels of living. With this connection we will truly be one community living life together every day. At BRC we consider every resident and team member part of our family. As we bring the successful physical aspects of home from our Nursing Households to our Assisted Living, we will be completing a long-term goal to create home every day for our residents and team members. It is because of your generosity that we can make this happen. Thank you!

As 2019 begins and our construction continues, we are looking forward to having hard-hat tours, open houses, and a celebration of both our campaign and project success. We will be in contact with everyone who has

supported the **Building Connections** Campaign and let them know when the festivities will take place. We look forward to showing you what your support has made possible and celebrating the completion of our project.

It takes many financial gifts to make a campaign a success. It also requires the leadership of the Bridgewater HealthCare Foundation Board and our Campaign Cabinet. Their hard work is all volunteer time they give freely to support the work BRC does every day. Everyone at BRC would like to thank them for their financial gifts, their time, and their leadership in making the **Building Connections** Campaign a success.



Legacy Council Luncheon is a highlight of every year, featuring a speaker of historical interest and a delicious lunch for all of our Legacy Council members. Vice President for Development Carrie Budd listens as Andrew Phillips, curator of the Woodrow Wilson Presidential Library of the Woodrow Wilson Museum in Staunton, VA presents an intriguing program entitled "Over There: America Enters WWI."

9X10 is a Pretty Good Place to be

by Lev Norford | Director of Communications

Editor's Note: Sometimes you find “pals” in the most unexpected places. One night I found myself seated at a dinner beside LeVerle Sappington and a most interesting catch-up kind of conversation inspired me to find out more about this lady whom I had known for a long time, but not really known. I'm so glad I was led in that direction, because, as you read this issue, you will find a wide variety of interesting stories about strong women who live and work in our community. *Enjoy!*

LeVerle Sappington put her name on BRC's wait list 24 years before she moved. “I moved in December 2012 and woke up the next day in my new home in Maple Terrace on my 84th birthday. That was significant to me.”

On Dec 4 of this year, I celebrated my 90th birthday at a surprise party in Ohio. I was reluctant to make the trip, but I'm so glad I did. I got to see all of my family and extended family, and it was beautiful. I don't feel 90, and yes, the relief of being in the Village contributes to that. Being with people my own age, who know what it's like to be 90, helps. I enjoy quiet, and when I want quiet, I can enjoy my home. When I don't want quiet, being active in the dulcimer group, having people to talk to, visiting when I want to, I think all that is beneficial.”



The first part of LeVerle's life was very different. She grew up going to a one-room school with no electricity in Wayne County, Ohio. Frog Pond School had a coal furnace, and the male teacher, who taught all eight grades, was also principal and custodian. She entered Manchester College in Indiana but interrupted

her education one year to work to help pay for her education and a second year to marry her classmate, Roger. She graduated one year after him, 1952.

“We lived in all kinds of places,” she explains, “some pretty rough.” Fall, 1951 to June, 1953 they lived in Chicago. Roger completed two years of a three-year program for a Bachelor of Divinity degree at Bethany Seminary and LeVerle went to work in the large Sears, Roebuck catalog office as part of the office staff. “I could easily walk to work each day. The second year I was employed as a teacher at Manheim Elementary School in Melrose Park, a Chicago suburb. I was assigned to a new classroom in the new addition. As a first-year teacher with low seniority

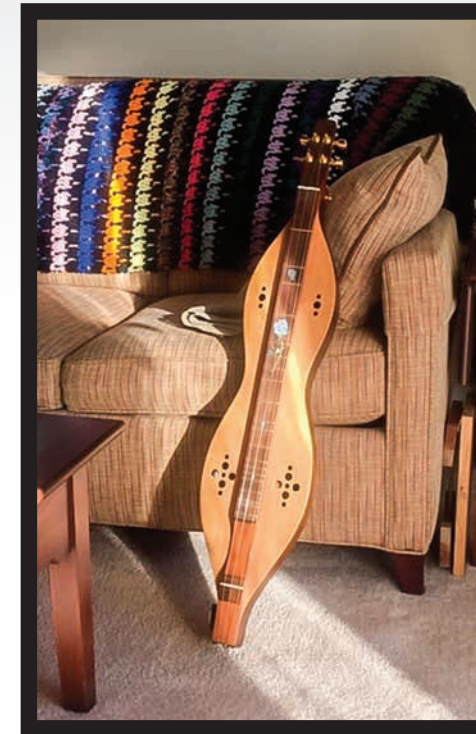
and lacking assertiveness, I ended up on the first day of school with a classroom full of energetic fourth graders, no desks, and no books. After that disastrous experience I vowed that I would never apply for a teaching job again. I was convinced that I had failed the children and

myself!” Finding herself expecting their first child in May was good news! LeVerle walked from their apartment diagonally a few blocks to deliver baby Charlotte at Bethany Hospital.

Several months later they bought a 27-foot travel trailer in Chicago and set out for Durham, North Carolina, by way of Ohio and then Westminster, Maryland to visit family. The trailer was home for the next two years as Roger completed the residency requirement for his doctoral program, earned his MA degree, and completed the remaining requirements for his BD from Bethany Seminary.

In the summer of 1955 they moved into the parsonage at Pleasant View Church of the Brethren near Lima, Ohio. Roger served as the full-time pastor while completing his PhD from Duke. In the summer of 1958, an invitation from Dr. Warren Bowman for Roger to join the faculty at Bridgewater College as professor of history and political science meant another move. Their sons Paul and Mark were born here.

New opportunities opened up for LeVerle. Her friend Hazel Heisey inspired LeVerle's teaching interest encouraging involvement in church work and Christian Education, teaching kindergarten and preschool Sunday School. Good friend and neighbor Claire Ulrich introduced her to a special child-care class being offered at JMU. “Dr. Mildred Dickerson got me hooked on pursuing a master's program in early childhood education which led to an MS from JMU and teaching finally became my love! I am grateful to so



many mentors and friends along the way.” In 1976, the state of Virginia mandated public kindergarten, and LeVerle taught for 11 years in Rockingham County School System until an attack of rheumatoid arthritis caused her to leave teaching.

“The needs of young children and older adults have some similarities,” she says lovingly. “Both need loving care and have eager minds to learn.” In 1993, Kathleen Gardner asked her to become coordinator of the Bridgewater Home Auxiliary's Pal Program for residents.” I matched people to Pals, and Social Services was so helpful to tell me the special needs of residents. Some people need Pals and some don't. Betty Browning became a volunteer and had a fist full of pals she visited. When people didn't have Pals I would send them birthday cards.” In 2002, LeVerle, with the help of a local florist, started sending small bud vases of flowers to people who were 97 years old or older. Though others took over the Pal

program in 2009, LeVerle continues that loving gift program. “It's a double blessing, one for the resident and one for me,” she says.

“Being an active part of the Bridgewater Home Auxiliary prepared me for the culture of Bridgewater Retirement Community. Moving is hard any time. Downsizing is a challenge. Getting through and rid of all your dishes, papers, etc. is a struggle for everyone. There are memories connected to everything you touch. My advice is don't wait to do that. Eventually Charlotte said, ‘Mom, why don't you just go and take only what you want, and I'll take care of everything else.’ I was delighted with her offer. I couldn't face another winter with snow and shoveling and then yard work.

“After I moved here, I enjoyed meeting new people. One of my former kindergarten students greeted me in the dining room. He said, ‘You took care of me, now I can take care of you.’ It was so comforting to know so many caring people are here. I started dulcimer lessons the next spring. It was totally new to me. I had always enjoyed the piano, music and singing. “I have explored the different voices of the dulcimer in strumming, chording, and finger picking and I enjoy it. I got my second dulcimer, my Blue Lion, as a gift to myself. I chose the wood. At my age I thought I deserved it. No one talks about their aches and pains when they play music. If I had moved in sooner, I probably would have done more trips and classes. Now, I just love doing what I do. The main goal is, having fun and enjoying what you do.”

Profile



Activities Programs Bring Reasons for Smiles

Our Rhonda Collins is an on the go gal! West Virginia might be original home to her, but she's been a fully integrated Bridgewater citizen for many years. When I asked her about our Activities Program at BRC she answered simply... "It's GOOOD, Very Good." And she is right.

"We are so very fortunate to have a Senior Team that realizes the importance of providing an active and well-rounded Activities program for Independent Living and Assisted Living residents and provides the budget for us to have safe transports and good programs. Offering music programs and interesting

speakers makes a big difference. Our connections with healthcare agencies, local universities, and other community people who can speak about current issues keeps all of us informed. Everyone pitches in with room set-ups, and travel plans.

"Pam Arbogast, Assisted Living activities coordinator, and I work well together. I started here 20 years ago with her in Activities. Sharing ideas is great and we also share names of entertainers. That's going to be even more important when we get the connector between Maple Terrace and Wampler Wing done. All residents are welcome to all the programs and

events we offer."

Many people, especially new residents coming now, want to retire and travel. We have some great venues within two hours of us and for overnights. We have done big trips and will do more. We are planning to do three or four overnights, including Savannah, Georgia and Mackinac Island, Michigan. There is another Mississippi River Cruise scheduled in July (see ad on the back of the Bridge). Welcoming our new residents to The Grove will bring more perspectives and open new doors for exciting experiences for all of us.



Many people are not travelers, or they have already traveled and are looking for fun things to fill their days close to home. Unique to our activities calendars is that residents are always encouraged to give suggestions. "It is important that everyone realizes that BRC is the residents' home, and residents can express their wishes about their activities. We pull together to make what they want to happen, happen for them," Rhonda says.

"One of my favorite activities is a group called the 9x10 club," Rhonda adds. "One of our residents decided we needed to have a group for 90-year-olds and 9x10 grew out of that. Once a month we get together and share great stories and have refreshments. It is so interesting to hear what they share."

Whatever your age, interest or physical level, BRC has an activity for you. Rhonda, Pam and Nursing Households all have full monthly calendars that allow residents to choose from multiple activities every day. There is also a network on WellZesta to help find other people who are looking to do similar things. Want to play Bridge, or Scrabble, or go bird watching? Whatever it is, there are usually people who will join you.



RESIDENT Profile

Giving to the World

by Karen Doss Bowman

In celebration of the 100th day of school last year, Savannah Hagan's kindergarten classmates dressed up as they imagined they might look at 100 years old. For most of the children, that meant donning the stereotypical attire and accessories of the elderly—gray wigs, reading glasses, walkers and canes.

Not Savannah. Sporting jeans, a casual shirt with a cardigan, sandals and a hat, Savannah dressed as her “best friend,” Roma Jo Thompson, who lives in the Courts apartments. She also carried a leash to represent Roma Jo's beloved dog, Kutaru.

“Savannah truly sees Roma Jo as a person—not as the stereotype of a senior with a walker, hearing aid and glasses,” says Sarah Hagan, vice president of independent living at Bridgewater Retirement Community (BRC), whose younger daughter Madelyn also gets to join playdates with Roma Jo. “Savannah sees Roma Jo as her best friend, and it's a beautiful friendship. Roma Jo is a unique and beautiful person inside and out, and I love that my girls get to spend time with such a loving soul.”

A former teacher and past director of the Church of the Brethren Children's Disaster Services, Roma Jo is passionate about children. Her friendship with Savannah began about two years ago, when Roma Jo asked Sarah if the two could have a playdate. They've been friends ever since.



Top Photo: Roma Jo Thompson continues to work as a volunteer receptionist at the Maple Terrace reception desk.

Bottom Photo: Kutaru, Roma Jo's patient companion, can be found most any place you see her, even at programs in the chapel.

“Since I raised three boys, I thought it would be fun to cuddle up with some girls in my retirement,” Roma Jo says with a laugh.

Roma Jo and her late husband, Jan, met in their orientation unit for Brethren Volunteer Service (BVS) in 1954, and spent their married life in service to the Church of the Brethren, to their communities and throughout the world.

For BVS, Roma Jo spent four months working on advocacy projects in Washington, D.C., followed by an assignment in Flat Rock, Kentucky, where she taught children and led Bible studies.

Roma Jo and Jan married in the spring of 1957. She worked to help finance Jan's education at Manchester College (now University). She eventually earned her bachelor's degree from Manchester and a master's degree through a correspondence/phone-based program at Nova University in Fort Lauderdale, Florida.

The Thompsons served as missionaries in Nigeria from 1967 to 1970, moving to the African nation with their sons Randy, Robin, and Reis. Learning the language was difficult, and Roma Jo admits she never picked it up as well as she hoped.

“I remember Sunday afternoon walks with church women to visit people who were sick,” says Roma Jo, a native of Western Pennsylvania. “Those were special times.”

The Thompsons also served short stints in Kenya and Sudan. Roma Jo went by herself on a four-month mission to Somalia for Church World Service. She stayed in a small village to prepare meals for the humanitarian workers sent to provide aid for citizens caught in the middle of a civil war. Using canned foods and staples

provided by the government—as well as camel meat—Roma Jo recalls trying to come up with nourishing meals for the workers.

“I loved that work, and I did it on my own and that was the big reason,” Roma Jo says. “Jan wasn't a part of it, and I did it. You can see where the conflict could be between us. He was so forward, and everybody knew Jan Thompson it seemed. But that was ok—I did this on my own.”

Jan was well-known as a Church of the Brethren leader. After becoming the first full-time director of Brethren Disaster Ministries (BDM) in 1978—a position he held nearly 10 years—Jan launched Children's Disaster Services. Roma Jo worked by his side to lead many BDM projects over the years and served as director of Children's Disaster Services for 4 years. She also worked for CROP Hunger Walk, a Church World Service program to raise awareness and funds to fight hunger.

Roma Jo and Jan wrote “Beyond Our Means: How the Brethren Service Center Dared to Embrace the World,” a history of the Brethren Service Center in New Windsor, Maryland. The book was published by Brethren Press in 2009.

The Thompsons moved to Bridgewater Retirement Community in 2007, after living for 20 years in Arizona. Jan passed away in January 2015. A volunteer on BRC's library committee and for the BRC front desk,

Roma Jo enjoys spending her time reading—and of course, playing with the Hagan girls. She has two grown granddaughters who live in the Midwest.

Roma Jo has many special memories and treasures from her travels throughout the world. She has hope for a better life for those she and Jan ministered to over the years.

“Now there is so much churning and disruption—not only in these other countries but also here in our country—that communication and assisting one another seems more difficult to accomplish,” Roma Jo says. “It seems our leaders want to be the big shots, rather than learning how to be helpful and encouraging to countries that want to advance. Jan and I, through our ministry, wanted to show others that we cared, and that we wanted to help them grow and develop new ideas.”





Photo by Lisa Houff

RESIDENT Profile

Staying Active for Healthy Living

by Karen Doss Bowman

For Janice Wade, retirement isn't about slowing down. In fact, the Maple Terrace resident is rarely in her apartment during the day. Instead, she's most likely to be found at exercise classes, taking a walk, volunteering, making music, taking in a concert or visiting friends.

"My father was very active, and I learned early on from him that exercise is a good thing," says Janice, whose father, J. Albert Wine, was the first director of development for Bridgewater Home. "As I get older, I want to stay as healthy as I can. I've been very fortunate, but you never know what tomorrow will bring."

Janice, who was born in Washington, D.C., and spent most of her adolescent and teen years in Colonial Heights, VA (formerly part of Petersburg), has always enjoyed an active and social life. She and her husband of 58 years, the late Ben Wade, met as students at Bridgewater College, where they were members of the class of 1957. Both went on to attain advanced degrees—Ben earned a doctorate from Hartford Seminary Foundation, while Janice earned a master's degree from the University of Hartford.

Ben taught at the college and graduate levels before spending

the majority of his career in college administration. He served on the faculty at several institutions, including James Madison University, and was president of the now-closed Westmar College in Le Mars, Iowa, and vice president and dean of Florida Southern College. He served as executive assistant to the president at Bridgewater College from 1979 to 1982, when he became the college's first provost, serving in that role until 1985.

Janice taught elementary school, Adult Basic Education and college courses in elementary education. She also devoted significant time

to supporting Ben's career, considering it her responsibility to entertain faculty and students during his years in administration.

"We had many sit-down dinners and receptions, and I did all of the cooking," she says, recalling that she froze foods months in advance. "That took a lot of my time, but I loved doing it."

Janice and Ben moved from Lakeland, FL, to the Bridgewater Retirement Community (BRC) in 2013. Sadly, Ben passed away in August 2016. Staying active helps Janice cope with her grief.

A talented pianist, Janice owns a Steinway & Sons grand piano that is kept in the Major Room, just steps down the hallway from her apartment. She and a friend practice duets weekly, and they often give impromptu concerts for residents who stop by. She also plays every week for her Sunday school class at Bridgewater Church of the Brethren.

Janice is known among residents and team members for the beautiful greeting cards she creates using donated cards that otherwise would be thrown away—a hobby she took up about 28 years ago. She spends



hours on her craft in a designated workroom in Maple Terrace. The finished cards are sent by the BRC administration to residents across all levels of care to express birthday greetings, get well wishes, and expressions of sympathy.

"Since Ben's death, it's been very therapeutic for me to be in that room making cards," says Janice. "I need to keep busy."

Janice also accompanies residents to medical appointments to act as

a patient advocate when family members aren't able to go, and she frequently visits residents in nursing care. She spearheaded the launch of a weekly grief support group at BRC.

"There's no time limit for grief, and we come together at these meetings to share our experiences with grief," says Janice, who has two grown daughters and a granddaughter. "It's helpful to know that we're not alone in this journey. We all share our ideas about what is helpful to get through a time of grieving, and you feel a kinship with these people. I've learned to know new people from the community, and it's brought me closer to other residents who are grieving."

Janice and Ben chose to move to BRC because they love Bridgewater so much and had friends here. It's been a welcoming place, she says.

"I am very impressed with the team members here—they are caring people," she says. "We have wonderful friends from every place we've lived who have become lifelong friends, and that includes Bridgewater Retirement Community."

Pardon our construction!

We know that construction has caused quite a bit of confusion and inconvenience, but we promise that it will end. Over the next few months more parking will open up and there will be less mess. Thank you so much for your patience. If at any time we can be of assistance with directions, please, Just Ask!



Introducing Crista: *Director of Marketing and Sales*

We are thrilled to introduce the newest addition to our Marketing team, Crista Cabe.

Crista comes to Bridgewater Retirement Community with an extensive background in marketing and strategic communications. Her wealth of knowledge and leadership experience are an invaluable asset.

Crista comes to us from Rockbridge Area Community Services, where she was Director of Public Relations and Development. Prior to this she spent more than twenty-five years with Mary Baldwin University where she held a variety of positions culminating in her role as vice president for communication, marketing, and public affairs. In that capacity she served on the executive staff, providing leadership for all aspects of strategic communication. She planned and implemented the transition and rebranding of Mary Baldwin College to Mary Baldwin University as well as the branding of the Murphy Deming College of Health Sciences. She began her marketing career as director of audience development for the Court Theater in Chicago and also worked at the University of Chicago.

She holds a bachelor's degree in English from the College of William & Mary and a master's from the University of Chicago. She also holds the Professional Certified Marketer – Marketing Management certification from the American Marketing Association.

A native of the Shenandoah Valley, she loves travel and hiking and is an avid bird watcher and plant lover ... and besides all that she's really fun! She is a civic minded individual,

was selected as a member of a Rotary Group Study Exchange team to Bangladesh, and has served on various nonprofit boards in the Staunton-Waynesboro-Augusta region.

Crista is delighted to be part of the BRC family and has become a wonderful addition to our already successful marketing team. She is enjoying her role of engaging prospective residents and helping them decide whether our community is right for them. Come by and meet her!



Director of Marketing and Sales Crista Cabe enjoys showing Karen Hodge the progress in building the Grove. Ms. Hodge is principal and consultant of Senior Marketing Solutions and was part of the preliminary marketing studies for this project.

We Love ReRuns Daily

by Lev Norford | Director of Communications

Bridgewater people have always been thrifty people and good stewards of possessions they own. So, in 1977, when Donna Wilson announced in *The Bridge* that the Bridgewater Home Auxiliary had started a second-hand clothing store for residents and workers, people jumped on the idea. Originally known as the Thrift Shop, inventory was limited to clothing. Then expansion to household items and accessories happened and the rest is history.

Reruns are not bad things. Many of us really enjoy reruns of our favorite sitcoms and dramas. At BRC rerun takes on a whole new meaning as our second-hand store is now aptly named The ReRun Shoppe. We still request that previously owned items be in good condition; some come in and still have the original price tags on them. There is an enormous selection of previously read books. Some get bought, read, and returned again to the shop for still another customer.

Last summer our shop moved from its previous location on second floor Assisted Living to a new location on first floor, into what was formerly the Assembly Room. Essentially the thrift store was returning home near the area of its first location. A room that is now used as the shop office was the original shop. In that room, busy volunteers sort and price items that have been donated. Donations are the life blood of the ReRun Shoppe. Clothing, books, holiday items, shoes, lamps, decorative items, jewelry, purses, men's clothing,



If you are having a hard time finding the ReRun Shoppe, just look for Sophie!

household items and any nice item that is appropriate for resale, line the walls and fill the store.

The 1977 article reported Thrift Shop hours as three hours each Tuesday and Friday. Officially, hours now are Tuesday and Friday, 10 a.m. to 4 p.m., but Monday and Wednesdays they are often open in the mornings, and you just never know when workers will be there. It's safe to call (540) 515-0032 or (540) 515-0081 to make sure someone is there to receive donations or to sell you the treasures within.

Dedicated leadership has been a blessing of the Thrift and ReRun

shops. And there has been a long-standing philosophy that has served them well. The first responsibility is to serve residents. Keep prices low so residents and team members can afford to shop. The second responsibility is to the Home. All donations from the shop return to the Auxiliary to support programs and projects to benefit residents. In the beginning, workers were thrilled to have a \$13.00 day. Last year, with expanded space and product, gross sales totaled \$28,000. That's a lot of 50 cent items going out the door.

Several years ago, Doris Harsh and Shirley Steger took the leadership roles of managing the shop. They have put in countless hours, sorting, cleaning, moving, and storing items for sale. Doris drafted Sharon Kiracofe to be a morning helper; now she and Doris sort and price items that will go into the shop. More recently, Bonnie Glick teamed up with Shirley, and they decorate and place the items in the larger shop. Lee Jackson, a former manager, is on call as needed. "The reason we have done better is that our new location is more accessible, and people have donated really nice things. It's really a team effort now," Doris explains. "That lightens the load a little, and we have a lot of wonderful volunteers who come to work as clerks and sell the items in the store. We always welcome volunteers."

Please call The ReRun Shop at (540) 828-2550 for more information about donations or volunteering.

Honor Roll of Donors



We were well represented during the October 2018 Walk to End Alzheimer’s. Our team, “BRC Energizers,” shined with 57 participants who raised over \$1,000 for the cause. Thanks to everyone who came out to walk and to those who donated in any way to this success.

Non-Tributes August 1, 2018 – November 30, 2018

Anonymous
Richard and Louise Alderfer
Rodney and Jenelle Alderfer
Peggy Alexander
Robert and Linda Alley
Ervin and Ann Anderson
Donna W. Andrews
Richard and Jane Arnold
Mary Audrey Awl Estate
Karen Bailie-Carter
Russ and Brenda Barb
John G. Barr
Mary K. Barrick Estate
Beaver Creek Church of the Brethren
Gary and Nancy Beckfeld
Harriet H. Beitia
Norman and Doris Benner
Ellen C. Bennett
Bethel Church of the Brethren
Delmer and Sue Botkin
Dr. Dick L. Boyd
Rev. Auburn and Ruth Boyers
Michael D. Bragg
J. Robert Branner
Brethren Foundation, Inc.
Bridgewater Church of the Brethren
Bridgewater Home Auxiliary

Bridgewater Village Residents’ Association
John and Jacqueline Buchanan
Harold and Genevieve Buckholz
Edward and Carolyn Budd
Calvary Church of the Brethren
Randall Campbell
Thomas Carper
Jackie Carr
Patty M. Cash
Dianne Chafin
Charlottesville Church of the Brethren
Jean Chestnut
Allen and Naoma Clague
Olin T. and Susan F. Clark
Jerry and Linda Clem
Curtis and Betty Coffman
Ramon and Barbara Colonna
Tabitha L. Correa
Wayne E. Crist
Theresa Cumberland
Cody W. Curry
Samuel and Nancy Dagen
Fred and Alice Davino
Charles A. Davis
Edward Davis
Mary F. Davis
Mensel and Linda Dean
Christine S. Darrow
Lucy R. Deyerle
Gary M. Diehl

Rebecca V. Driver
Meredith C. Egge
Robert and Lois Emswiler
Walter and Fonda Erdman
Fairview Church of the Brethren
Patricia N. Fawley
Lourdes Fernandes
Fidelity Charitable Gift Fund
Rev. Earle W. Fike Jr.
Janet D. Fike
Fincastle Enterprises, Inc.
Charles and Stephanie Flick
Lura Ritchie Flick
Anne Whitney and Kevin Flint
John and Jan Flora
Rev. and Mrs. Samuel Flora
Theodore and Mary Beth Flory
T.C. and Barb Frye
Harold Furr
Gloria Garrison
Rev. and Mrs. John Glick
Devon F. Gooden
Bonnie Graham
Doris Grant
Phyllis Grassini
Rebecca E. Groce
Sidney and Joyce Grove
Holly B. Guthrie
Sarah N. Hagan
Donna and Doug Hahn

Anna Mae Harmon
Barbara E. Hatcher
Samantha K. Hearne
Jaclyn M. Henry
Rodney and Gloria Hildebrand
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Rufus and Elaine Huffman
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Parker Jones
Dorothy Kasten
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W. Steven and Nancy Keplinger
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Patricia Kinsman
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Diane K. Lambert
Jamie Lambert
Jeffrey W. Lambert
Brian Landes
Craig and Theresa Landes
Paige Landes
Curtis Lane
Ashley A. Lawhorne
Bettie Layman
John and Marian Layman
Leitner Law Group
Jean L. LeRoy
W. Price and Sandra Lineweaver
Jayne Liskey
Jared L. Lunn
Luray Church of the Brethren
Doris M. MacDaniel
Laura S. Mapp
Steve and Claire Martindale
Herman D. Mason
Ivan and Peggy Mason
Marion and Joan Mason
John and Catherine Matherly
Alicia A. Matzke
Joel “Mac” and Beverley McCauley
Patricia McClung
Warren McCollum Estate
Roy and Marla McCutcheon
Charlotte S. McKay Trust
Kendrick D. McNulty
Edgar and Karen Meyerhoeffler
Eddie Michael
Joseph L. Michel, Jr.
Mill Creek Church of the Brethren
Alyssa K. Miller
Felicia M. Miller
John D. and Marilyn L. Miller
Kim Miller

Diane O. Mincey
Amy R. Minnick
Barry and Connie Minnick
John and Ann Monger
Wesley H. Mowbray
Mt. Bethel Church of the Brethren
Mt. Pleasant Church of the Brethren
Mt. Zion Church of the Brethren - Broadway
Janelle Nelling
Newbury Corporation
Sheryl Newkirk
Tirsit T. Nigussie
Lee and Lavenia Norford
Anne M. O’Donohue
Stephanie L. Oliveros
Debbie Ours
Outback Steakhouse
Rosemarie J. Palmer
Park View Federal Credit Union
Erica R. Payne
Ravyn Pitsenbarger-Chandler
Pleasant Valley Church of the Brethren-Weyers
Cave
Pleasant View Family Fellowship
Nan Powell
Ed and Deborah Price
Odile M. Proctor

Dana R. Ramsey
Reese Engineering
Eva Reeves
Dr. and Mrs. William Reish
David and Vicki Richard
Peggy L. Rippel
Julia A. Ritchie
William and Tammie Rodgers
James S. Roller
Jimmy and Betty Ross
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Melissa L. Simmons



POLAR PLUNGE FOR LOADS OF LOVE—BRC is raising quarters to support Open Doors in their mission to provide clean laundry to the homeless people in our community. How can you support? Donated quarters put in the boxes decided who we chose to take the plunge into ice cold water. Plunge date was January 18th at 2:00 p.m. at the Oasis!



We are so proud of our Gallery Hall and our residents and community members who continue to share their artistic talents. It is a privilege to have such caring and talented people share their work with us. Thank you to resident Tom Reynolds for these selections.

Lisa Sinegra
Terry and Vickie Slaubaugh
Smith Creek Church of the Brethren
Cheryl D. Smith
Victor J. and Cheryl B. Smith
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Margaret W. Whitmore
Hubert and Virginia Whitten
Gladys B. Wonderley
Ruth W. Wright
Richard and Margaret Wurst
Matthew and LeAnne Young

† = Deceased

TRIBUTES
August 1, 2018 – November 30, 2018

In Honor of

- Ann Homan**
Chloia R. Barker
- Assisted Living Team Members**
Sheila M. Bowman
- Barb Frye**
Fletcher and Kay Bingham
- Barbara Zombro, CNA**
James and Nancy Sims

- Bertha Phibbs**
Richard and Betty Keller
- BRC Grounds Department**
Thomas Carper
- BRC Rehab Staff**
Ralph and Alice MacPhail
- BRC Team Members**
Rhonda K. Collins
- Cindy Chestnut**
James and Nancy Sims
- Donna Collins**
Jessica Collins
- Doris McDaniel**
Raymond and Susan Albers
- Elwood and Barbara Shrader**
Ina Mae Meadows
- Gay Huffman**
Betty J. Mathias
- Gretta Davis**
James and Nancy Sims
- Jack and Betty Tevis**
Stanley Tevis
- Janie Liskey, RN**
James and Nancy Sims
- Jasmine Kline, CNA**
James and Nancy Sims
- Jeana Golin**
James and Nancy Sims
- Joy House**
Phillip C. and Grace A. Speicher
- Joy House Caregivers**
Janet Coffman
- Karla Hernandez, CNA**
James and Nancy Sims
- Kayla Cook**
James and Nancy Sims
- Kitty Mason**
Carla Woodward
- Linda H. Simmons**
Charles E. and Nancy B. Harold
- Paul and Bertha Phibbs**
Paul and Marilyn Phibbs
- Rachel Garcia**
Solita Garcia
- Residents of Tranquility House**
Michele and Scott Dodrill
- Reta Harold**
Charles E. and Nancy B. Harold
- Rev. Russ Barb**
James and Nancy Sims
- Reva March**
Cindy Morris
- Russ and Brenda Barb**
Linda S. Burgdorf
- Tranquility House**
Monica J. Thompson
- Wilson Shifflett**
Linda Shifflett

In Memory of

- Alice F. Beaman**
B. Franklin and Ann Salyards
- Berlyn McElwee**
Bridgewater Village Residents' Association
- Cathy Ritchie**
Nina Mae Reedy
Jane Towers
- David Flora**
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Laura Ipock Powell
- Geraldine S. Lewis**
Bridgewater Village Residents' Association
- Great-Uncle Josh Taylor**
Carlyle Whitelaw
- Jack and Betty Tevis**
Stanley Tevis

Simple daily pleasures are important at BRC. Louise Vakil enjoyed an outing to support a homemaker in her household. Kylie Morris is a student from Broadway that works PRN as a homemaker in Harmony House. During the summer she was able to get to know Louise. Kylie goes to Broadway High School, but when they played Turner Ashby High in Bridgewater it was easier for BRC team members Cindy Morris and Carla Griffin to help Louise attend one of Kylie's games. Louise sat in the stands and ordered one of those "ball game hot dogs," which she loves. Residents having opportunities to enjoy their larger community is what culture change is all about.

- Jan Davis**
Rita Davis
- Jean Kivlighan**
Bridgewater Village Residents' Association
- Jesse E. Sipe**
Brenda S. Barb
- Jesse Robertson & In Honor of Joy House**
Wilma K. Robertson
- John E. & Mary Glick and Joe & Dortha Craun**
John and Mary Glick
- John Staubus**
Betty Staubus
- Joyce Barker**
Faith Cayton
- Julian**
Ilia Pacheco

- June E. Heatwole**
Roger and Holly Smith
- Kathryn Roller**
Janet Coffman
Wayne and Carol Spangler
- Kaye Burchfield and Del Burchfield**
Linda K. Burchfield
- Leah Flora and Jacob Zigler**
Donald and Jane Fulk
- Lillian Pack and Glenn & Kathleen Suter**
Edith Landes
- Louise "Wheezy" Dean**
Zoyla Torres-Cruz



Honor Roll of Donors



Puppies, puppies, everywhere! Our Genesis Rehab group really gets into the spirit of holidays. For Halloween they dressed as characters from the Disney movie 101 Dalmatians. What a treat that was for our residents. Thanks to this great group for the support and instruction they give to keep us all moving in the right direction.



BRIDGEWATER
RETIREMENT COMMUNITY
energy FOR LIFE

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BRIDGEWATER HEALTHCARE FOUNDATION, INC.
Bridgewater, Virginia 22812-1708

The Bridge is the official publication of Bridgewater Retirement Community, which includes Bridgewater HealthCare, Inc.; Bridgewater Home, Inc.; Bridgewater Village, Inc.; and Bridgewater HealthCare Foundation, Inc. It is designed to provide timely and useful information about Bridgewater Retirement Community. *The Bridge* has a circulation of approximately 14,000 readers. We invite your comments and requests for articles on health care issues. Reproduction of articles may be done with written permission. Please contact Lev Norford, Editor, at 302 N. Second Street, Bridgewater, VA 22812-1712, (540) 828-2550. Printed by Mid Valley Press, Verona, Virginia.



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