

THE *Bridge*

SUMMER 2025





Above: Founders Day picnic essentials: food, a cupcake, and Paul Graham's signature smile!

On the Cover: Steve and Ruth Watson share a laugh with Sylvia Bowman at the 60th Anniversary Founders Day picnic—proving that good friends and good times never go out of style!

From the President

As we celebrate Bridgewater Retirement Community's 60th anniversary, I am filled with gratitude as I reflect on the remarkable journey we've shared together. This milestone is not only a celebration of our past, but also an exciting opportunity to look ahead to the future of our community.

On May 1, we celebrated this milestone with a meaningful Day of Service, bringing together residents, team members, and board members to give back to both our campus and the wider community. Volunteers worked on projects like cleaning shared spaces, sprucing up gardens, assembling care packages, and building wheelchair ramps with Habitat for Humanity. The day culminated in a community-wide picnic, where we launched our "60 in 60" initiative—completing 60 acts of service over our 60th year.

Sixty years ago, our founders built BRC with a simple goal: to support one another. The spirit of compassion they established is still the heartbeat of our community. Through the '60 in 60' initiative, we continue that legacy by extending BRC's mission beyond our campus and into the wider community.

As we reflect on the past and look forward to the future, we are excited about the innovation and opportunities ahead, ensuring that BRC remains a place where every resident feels valued and supported.

In this summer edition of *The Bridge*, we're excited to introduce the incredible group of volunteer interns who joined us during the spring semester—discover how their time and passion have enriched our community, and how they carry BRC's culture and person-first approach wherever they go. You'll also meet Foundation Board member Beth Driver, whose deep roots in the Shenandoah Valley and dedication to seniors and elder law have made her an outstanding advocate.

Additionally, this edition features the mobile May Meadows Library cart, which travels regularly to our nursing households, bringing the happiness of reading directly to our residents. We also spotlight two special residents: one who dedicates much of his time to unique volunteer opportunities, and another whose artwork often graces the walls of Houff Community Center.

Thank you for being a part of BRC's journey. Your unwavering support helps us maintain a community where creativity, connection, and joy thrive. Here's to the next 60 years, filled with care, compassion, and service to one another.



Rodney D. Alderfer
President | Bridgewater Retirement Community



Contents

News in Brief	4
Board Member Spotlight	6
Once Upon a Cart	8
Tim Hulings: Making a Difference—One Ride, Return, and Read-Aloud at a Time	10
Aging Gracefully: How to Meet Your Body's Changing Needs	14
Celebrating the Past, Serving the Future: Founders Day and the "60 in 60" Kickoff	18
Intern Spotlights	22
Resident Corner: Bud Branch's Stained Glass Creations	26
Donor Honor Roll	28

News in Brief



Art Meets Community

BRC is partnering with the Arts Council of the Valley to bring the popular First Fridays of the Valley art series to Bridgewater! We're hosting four events this year, with June spotlighting fiber arts and two more exciting events still to come in October and December. Each First Friday features live music, art, or creative experiences open to both residents and the public. Local favorites *Creative Art Studio* and *Rebecca's Well* will also join in.



Mark Your Calendars!

The 2025 BRC Farmers Market season will return on:

- June 26
- July 24
- August 28
- September 25
- October 23

8:30–11:00 AM | Acoustic music at 9:00 AM

Open to the public—come enjoy local vendors, fresh goods, and great company!

Take a Seat and Soar

Thanks to generous donor support and a winning idea from our innovation grant program, a new WhisperGLIDE swing has been installed at the Oasis—right where the gazebo used to be. This accessible gliding swing offers a soothing outdoor experience for residents and guests—and it's ready to be enjoyed.





The rest of the Village will follow, though timelines may vary as some areas still require fiber installation. While a firm completion date is not yet set, the momentum is promising, and appreciation is extended to residents for their continued patience as progress continues toward campus-wide fiber connectivity.

Rooted in Purpose

Our Grounded Training is underway! All BRC team members will take part in this meaningful experience that centers our values and deepens our connection to the “why” behind our work. Training includes:

- An immersive dining experience
- Small group conversations
- Hands-on dementia training

We’re excited for this opportunity to reflect, grow, and strengthen our shared mission.

Internet Glo Up

BRC’s long-anticipated transition to GloFiber in the Village officially kicked off in February 2024—and while there’s still much to be done, steady progress is underway. The Courts and Hearthstone Manor are already online, with more buildings in various stages of hardware installation or survey. Meadow Lane is currently in progress, and The Grove and Maple Terrace are nearly online.

What’s Growing On?

The Community Garden is now open for planting, with 13 of 16 beds in use—split between residents and team members. One resident group is focusing on cut flowers, while another works on raised and in-ground beds. Foundational plantings of berries and fruit are underway as part of the garden’s initial infrastructure phase, and the remaining demo beds will be used for learning and experimentation. Plans for a future production garden are also in the works, along with an upcoming chef’s herb and tea garden beside the greenhouse.

Over in the Wellness Garden, adjacent to Lantz Chapel, seven fragrant rose bushes—planted by resident Mike Robison—create a sensory-rich experience, alongside two raised beds: one for veggies and one for cut flowers. Perennials will be added soon to enhance the space’s healing and therapeutic potential. Both gardens offer a unique opportunity to get outdoors, grow something meaningful, and create beautiful, restorative places to enjoy—because time in the garden is good for both the body and the mind.



Meet Beth Driver, the Newest Voice on the BRC Foundation Board

Beth Driver's story is deeply rooted in the Shenandoah Valley. Growing up in the scenic northern corner of Rockingham County near Bergton, she has developed a lasting love for the place she calls home. Today, Beth lives in Broadway with her husband, Brandon—an auditor for community banks—and their two children, Everette (8) and Elise (5), along with two golden retrievers and a cat who rounds out the crew.

Beth is a partner at Evans Driver, PLC, where she specializes in elder law, including estate planning, trust administration, and long-term support planning. But her connection to Bridgewater Retirement Community goes beyond her profession. Over the years, Beth finds herself working more and more with clients who either live at BRC or hope to one day. And what she sees—time and time again—is peace. “Figuring out where you want to age isn’t always easy,” she says. “But every client of mine who lives at Bridgewater feels a sense of peace. That really strikes me.”

For Beth, it isn't just word of mouth. As her legal work shifted towards elder law, she gained a broader understanding of senior living across Virginia through her involvement in VAELA, the Virginia Academy of Elder Law Attorneys. What stands out to her is how rare BRC's mission truly is. “Bridgewater is one of the few elite support communities that never asks someone to leave—no matter what. That's not the norm. That's extraordinary.”

This deep respect for BRC's model of service recently led Beth to the Foundation Board. While

she's still relatively new to the board, she brings not just professional expertise but a personal calling. “As a lawyer, you often hear the hard things—families in crisis, gaps in services. But BRC is one of the bright spots. I was raised with a servant's heart—I'm the granddaughter of a pastor—so giving back to something positive like this? It just makes sense.”

Beth also serves on the board of The Community Foundation of Harrisonburg & Rockingham County and sees many types of nonprofit leadership in action. Even so, she's deeply impressed by what she experiences at BRC. “From the very beginning, it's clear this is a group of people with very different perspectives and talents, but they share one goal. Everything is done with intention—and it's always resident-centered. That's rare, and it's powerful.”

While Beth jokes that she's not technically from Bridgewater—“People always talk about the Bridgewater-Broadway rivalry,” she laughs—she sees her background as a strength. “I'm a locally grown professional. I have roots here, but I also represent the next generation of professionals committed to the values our Valley holds dear. That's what I hope to bring to the table.”

As an elder law attorney, Beth helps individuals and families ask important questions about how they want to age. And at BRC, she finds an organization asking the very same questions. “It's not just about meeting a need,” she says. “It's about honoring what life can look like as we age—and BRC is doing that every day.”

Walking Club

What began as a heartfelt idea from Jessica Fisher, Memory Support Clinical Coordinator, has grown into a much-loved walking program for Gardner House. With help from a rotating group of dedicated team members, residents enjoy weekday morning walks—outside when the weather is nice, or inside to May Meadows Library on gloomier days. They especially enjoy the chance to see former neighbors or join an activity along the way. Jessica hopes to one day expand the program to Concord House, sharing the simple joy of movement and connection.



Life Enrichment: Stronger Memories & Trayscapes

Life Enrichment Aide Madison Wardell has introduced two inspiring programs that are making a big impact across campus:

1. **Stronger Memory** is a brain-boosting program combining reading, math, and writing to stimulate the prefrontal cortex and support memory retention. Residents in Assisted Living meet weekly to set goals, read aloud, work through math exercises, and engage in thoughtful group discussions. The response has been enthusiastic, with residents enjoying both the cognitive challenge and the connection it brings.
2. **Trayscapes** is a monthly sensory art experience that invites residents in Nursing and Memory Support Households to explore themed objects using touch, creativity, and personal expression. With no right or wrong way to participate, each resident creates a unique piece and receives a printed photo to take home. The calm, music-filled environment makes it a relaxing and empowering program that residents look forward to.



Jim Miller and Ellen Layman prepare the mobile library cart outside May Meadows Library.

Once Upon a Cart

It began with a simple idea: What if May Meadows Library could come to households?

For Ellen Layman, who already spent one afternoon a week reading in Unity House, the idea felt right. She knew there were readers there—people who had stories to share and still longed for stories to hear. But turning that idea into reality took time, planning, and just the right people.

Enter Jim and Mary Miller. As a retired pastor, Jim felt naturally at ease connecting with residents. Mary joined him with equal dedication, embracing the heart behind the mission. Together, they became the familiar and friendly faces of the May Meadows Mobile Library.

Their first trip was in July 2024. “We started small,” Jim recalls. Two Nursing Households

per week, slowly adding more. Now, they alternate through all six households, with their trusty cart in tow, strolling through Huffman Health Center three times a week.

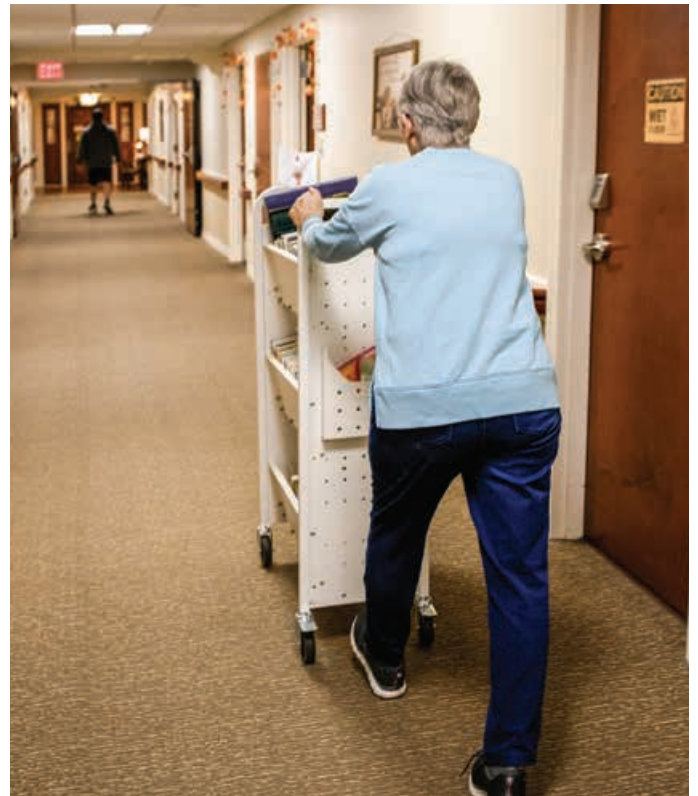
The mobile library is no ordinary book cart. With big wheels for maneuvering, slanted shelves for visibility, and a side pocket for sign-out cards and inventory, this cart is perfect for a mobile library. It carries 60 to 70 carefully curated books at a time—primarily large print—and has become a source of delight for readers who once believed their reading days were behind them. “One resident told me he hadn’t read a book in two years,” Ellen says. “Now, every time the cart comes, he checks out something new.”

The magic lies in the personal touches. Jim and Mary remember preferences, ask about interests, and collect requests. Someone with a passion for high-level astronomy and physics found just the right material. Another got hooked on author Beverly Lewis—his son even raided a university library to keep her fiction novels coming back to Unity House.

The cart is more than just a collection of books. It's a bridge—between residents and their passions, between the stationary May Meadows Library and those who can't make the walk, and even between family members, who now join the search for the perfect title.

The ripple effect is tangible. Joy House resident Deidra Hill even handmade a whole sack of bookmarks to support the effort—repurposed from greeting cards, each adorned with a ribbon. Others donate beloved reads. And some, simply grateful for the visit, now venture to May Meadows Library with a little help from a team member, caregiver, or loved one—even if only to enjoy the view from the window.

The Bittingsers, also residents of Joy House, say that at this age and stage in life, it's truly a wonderful thing. Emmert says it's nice to “get books, read them, and send them back two weeks later.” Esther wishes the cart came more often. And Jim laughs, remembering the time they missed a visit



and the Bittingsers gently—though very kindly—let them know it wasn't to be skipped again.

None of this would be possible without the volunteers behind the scenes: the library committee members who review and process donations, manage inventory, and keep the library humming with life. Most books are donated, but thanks to the generosity of the Bridgewater Village Residents Association, the committee gets to do what every book lover dreams of—buy new books twice a year.

The May Meadows Mobile Library also owes much to the support of Vice President of Health Services Jeff Lambert and all the Nursing Household Coordinators, who have been incredibly helpful to the process along the way.

“It's simple, really,” Ellen says. “But powerful.” In the warmth of summer or the quiet of winter evenings, a book in hand can mean the world. And thanks to the May Meadows Mobile Library, that world now comes to them.

Tim Hulings

Making a Difference—One Ride, Return, and Read-Aloud at a Time



Now that another busy season of AARP Tax-Aide appointments has come to a close, you might think Tim Hulings is taking a well-earned break. But that's rarely the case—except maybe on Wednesdays, which he jokingly refers to as his “rest days.” Truthfully, there's not much downtime on his calendar. From riding the trishaw (which is “just” his speed) and reading to local students, to making video Christmas cards and monitoring bluebird houses, Tim is one

of Bridgewater Retirement Community's many active and creative volunteers.

How long have you been participating in the AARP (The American Association of Retired Persons) Foundation Tax-Aide program, and how did you get started?

My wife [Nancy] was trying to get me out of the house. She thought I would do well at this thing. I'm not a trained accountant

or anything like that, but I've always been interested in numbers and statistics, so she encouraged me to try it. I've been doing it for about six or seven years now. Some of the colleagues I work with have been doing it for over 15 years. We've formed a pretty good network.

I thought it was a good opportunity to bring services to BRC when we moved here a few years ago. This is the third year [we've done it] now and each year it's grown. We were quite pleased with the number of folks we helped this year. It's open to residents and team members—it's open to everybody.

As an AARP service, it's free. The only restrictions are that they [taxes] are not of a complicated nature that we have not been trained in. For example, farm income or retired ministers. The IRS (Internal Revenue Service) won't let us do it. There are several different other categories that we must turn away occasionally because they're out of scope. Other than that, we can do anybody's [taxes]. We've had team members, residents, and people from the broader community.

This year, we filled up all the interview slots at our main office in the [Rockingham] County building. We sent people to BRC to make an appointment instead. In the last couple of weeks, we were inundated with basic appointment requests, so we ended up taking people from all over Rockingham County.

Can you tell me about the other ways you spend your time volunteering at BRC?

One of the things I've been doing for the last three and a half years is going over to John Wayland Elementary School. A group



of us reads to first graders in the library every Thursday morning. We read for 15–20 minutes, and it's a rewarding commitment.

From time to time, I help take Nursing residents—and to some extent, Assisted Living—to concerts, church services, and other events. I don't do that on a regular basis, but during school breaks or holidays, I feel like that's a good way for me to contribute.

Then there's the video Christmas card. That's not necessarily a volunteer effort, but for the past two years I've created one with help from residents. The first year, I did one for Meadow Lane and got several of my neighbors to contribute. Last year, I expanded it. I had Dr. John Barr's music in the background, and another resident played the organ. I interviewed many

[Continued on next page]

TIM HULINGS [continued]

Assisted Living and Nursing residents, who read poetry or contributed photos. It was a great thing—I really enjoyed doing that.

I've also done a charity pool tournament. We had one last summer and I expect we'll do something similar this year. It was just a fun thing [to do], and some of the proceeds went to the Forever Family Fund portion of the BRC Foundation—which makes sense [to me] because there's no telling if any of us might have a need for that fund in the future.

And I'm on the committee that monitors the bluebird houses around. Last year, we put up five houses at the Crist Farm Walking Trails, and this year we added five more to the Village. The ones on the walking trails attracted some bluebirds last year, and it looks like they will again—there's nest building going on. The Village ones haven't attracted any yet, but we'll see.

I'm not a regular, but I sometimes help with Meals on Wheels on Wednesdays. I'd say I'm also on-call for anything that looks or sounds interesting that shows up on Wellzesta (BRC's resident engagement application).

You're often seen riding residents around campus on the trishaw bike. Do you have a favorite route or destination?

I have about three go-to places, depending on the resident(s). The way the bike is set up, I first have to judge how easy it is for residents to get in and out. The person who pedals has to act as a counterweight and can't get off before the residents do. I



Every day, he chooses to help create a better world."

— Laura Powell

also consider how far they're willing to go, if they're adventurous, and of course, the weather.

We've gone over to Bridgewater College—I've pedaled all over the football field. I've gone as far as Sandy Bottom Park. We've gone down to the river a couple of times. But mostly I just take residents around BRC's campus or Oakdale Park. I had one special request to go to the Crist Farm Walking Trails. I also try to tell a joke or two to the residents I pedal.

What drives your passion for giving back—what keeps you coming back?

I like to take opportunities to volunteer. That's what I was brought up to do, that's what I've been conditioned to do, and that's what I enjoy doing. As long as I'm in reasonably good health, I hope to be able to continue.

With so many volunteer activities on your plate, how do you make time for yourself, too?

Something that has nothing to do with volunteering is that two to three times a week, I go walk my dog who couldn't come with us when we moved to BRC—he lives with my son. He and I are aging together, but we still enjoy walking to and through the park.



Not mentioned in the story: Tim also teaches an introductory weaving class to fellow residents at The Studio.

How has your outlook on community service changed over the years? Or has it?

I don't think anything is different about it. It's still a good thing to do—and it always has been.

Laura Powell, Director of Volunteer Services, reflects on Tim's contributions to BRC:

"Tim is an extraordinary person who generously shares his time and talents to make life better at BRC and throughout the greater community. We all have the same number of hours in a day, but Tim has found a way to use his with purpose—doing what he enjoys while making a meaningful impact on others. Whether it's sharing a bike ride with someone who can no longer pedal, using his voice and energy to support childhood literacy, delivering meals and human connection to seniors, or easing the stress of tax season with guidance and reassurance—Tim shows up with compassion and commitment.

Every day, he chooses to help create a better world. We are incredibly grateful to have Tim as part of our BRC family."

Tim's story is a reminder that volunteerism doesn't have to be one big thing—it can be many small, thoughtful acts that ripple outward. And with volunteers like Tim, that ripple turns into a wave of kindness and community.

You get a lot of participation when you volunteer. What kind of feedback do you hear from residents—during trishaw rides, through your video projects, or while helping with taxes?

I've had people obviously enjoy whatever it is I've done, but I try not to read a whole lot into it, because I'm not doing it for me—I'm doing it for them. And if they have a good time, we'll do it again!

Why do you think volunteerism plays such a vital role in a community like BRC?

If you don't do things yourself, and you don't involve other people, it's easy to get stale; it's easy to stay behind closed doors; it's easy to turn on whatever entertainment you have and isolate yourself—but it's not a good thing. I enjoy getting out.

What would you say to someone who's thinking about volunteering for the first time?

Do it. Simple as that!

Aging Gracefully:

How to Meet Your Body's Changing Needs

Aging brings a variety of changes to our bodies, but with thoughtful care and consistent effort, it's possible to age gracefully while maintaining strength, mobility, and cognitive function. By adopting targeted exercise routines, balanced nutrition, and preventive health strategies, older adults can enhance their quality of life and thrive in their later years.

Exercise: A Balanced Approach

Cardiovascular exercise is essential for heart health, but strength training is equally important to maintain healthy bones and prevent muscle loss. According to the National Institutes of Health (NIH), muscle mass decreases approximately 3-8% per decade after the age of 30, with an even sharper decline after 60. This loss of muscle can impact mobility, function, and overall health.



Incorporating both cardio and strength exercises doesn't require a gym membership. Older adults can benefit from brief, accessible workouts. For example:

- **Lift small weights during TV commercials:** keep hand weights nearby and use them during breaks in your favorite show.
- **Walking with purpose:** a brisk 5-10 minute walk counts as cardio.
- **Mindful breathing and stretching:** when waiting at the doctor's office, take a few moments to practice deep breathing or seated stretches.



Shorter, more frequent bursts of activity can be just as effective as longer sessions, and they're easier to integrate into a daily routine.

Nutrition: Fueling a Healthy Body and Mind

Dietary needs also shift as we age. Many of today's older adults were shaped by past trends emphasizing low-fat diets. However, science now shows the importance of including healthy fats, like those found in avocados, nuts, and olive oil, for maintaining brain and heart health.

The MIND diet—a blend of the Mediterranean and DASH diets—focuses on whole grains, lean proteins, and high-antioxidant foods, which may help reduce the risk of Alzheimer's disease. BRC's Dietitian, Jessica Shickel, stresses the

[Continued on next page]





AGING GRACEFULLY

[continued]

importance of personalized nutrition plans. She notes, “In independent living, we focus on wellness and prevention. In nursing care, it’s about maintaining quality and meeting immediate needs.”

Understanding Nutrient Needs by Age (Source: AARP, “9 Essential Nutrients You Need More of As You Age”):

- **In Your 50s:** Protein intake remains vital to preserve muscle mass. The Recommended Dietary Allowance (RDA) suggests 0.8 grams per kilogram of body weight, but some experts recommend closer to 1-1.2 grams per kilogram to prevent muscle loss. Calcium and Vitamin D are also crucial at this stage to maintain bone density.
- **In Your 60s:** The body’s ability to absorb Vitamin B12 declines, making fortified foods or supplements a good option. Magnesium supports nerve and muscle function, while Omega-3 fatty acids help reduce inflammation and support brain health.
- **In Your 70s and Beyond:** Hydration becomes increasingly important as the sensation of thirst diminishes with age. Fiber intake should be prioritized to support digestion, and adequate potassium can help regulate blood pressure and prevent muscle cramps.

Rethinking Weight and Wellness

One common misconception among older adults is the need to lose weight. However, weight is simply a number and

not a definitive marker of health. Losing weight without a medical need can lead to loss of muscle mass, which in turn impacts mobility and function.

Jessica notes that conversations with residents about nutrition often focus on maintaining function and preventing decline. Whether someone lives in Independent Living, Assisted Living, or Nursing, the goal is to optimize quality of life through tailored nutritional and wellness strategies.

Preventative Health Is Key

Regular check-ups and screenings become even more critical as we age. Annual physicals, cholesterol and diabetes screenings, and cardiac and dermatology exams play a vital role in catching issues early. Staying proactive about health extends beyond the doctor's office, with technology like smartwatches providing valuable data on heart rate, steps, and even fall detection.

Cognitive Health: Keep Learning, Keep Growing

Cognitive fitness is another cornerstone of healthy aging. Lifelong learning keeps the brain active and resilient. Activities like brain games, reading, and engaging in stimulating conversations can help stave off cognitive decline. Jessica encourages seniors to “use their minds in valuable ways—whether learning something new or tackling a challenging task.”

Small Changes, Big Impact

When it comes to health and nutrition, small, sustainable changes are more



effective than drastic overhauls. For instance:

- Cook and share meals: Cooking for one can be challenging but swapping portions with a friend adds variety and accountability.
- Include family and friends: Make health goals a group effort, whether it's walking together or attending checkups as accountability partners. This year's National Nutrition Month theme, “Food Connects Us,” highlights the value of shared experiences around health and wellness.

Advocating for Your Health

It's vital to advocate for your own health by asking questions and seeking professional advice. Dietitians and patient educators can provide personalized guidance, often covered by insurance. Reliable resources, such as the National Institute on Aging, offer valuable tools and information for older adults.

Aging is a journey, and with the right tools, support, and mindset, it can be a fulfilling and vibrant stage of life.



Celebrating the Past, Serving the Future

Founders Day and the “60 in 60” Kickoff

What better way to celebrate 60 years of community than by giving back to it?

On May 1, Bridgewater Retirement Community marked its 60th anniversary with a hands-on Founders Day of Service—one that perfectly captured the spirit of compassion and community that has defined BRC for six decades. This year’s celebration brought together 54 volunteers—including residents, team members, and board members—to complete 24 service projects across campus and throughout the local area. From deep cleaning shared spaces to sprucing up gardens, assembling caregiver care packages, and shadowing frontline team members, the impact was visible in every corner of campus.

[Continued on next page]





**CELEBRATING 60 YEARS
OF ENERGY FOR LIFE**



CONTINUED

A few projects reached even farther. Volunteers helped build wheelchair ramps in partnership with Habitat for Humanity's Critical Home Repair Program—an effort that now totals two completed ramps in the surrounding community, one in the City of Harrisonburg and one in Rockingham County, both originally started on last year's Founders Day. In total, the event generated an estimated 96 hours of service—and likely more, as household residents helped assemble care packages and supported projects in their own ways. The day concluded with a celebratory, community-wide picnic attended by more than 300 residents, team members, and board members—one of the largest gatherings BRC has ever hosted. During the event, BRC President Rodney Alderfer officially launched the “60 in 60” initiative. “Sixty

years ago, our founders built BRC with a simple goal: to support one another,” Alderfer says. “That spirit of compassion is still the heartbeat of this place. The “60 in 60” initiative is how we honor our past while investing in the future—by showing up, lending a hand, and building something together.”

“60 in 60” is a yearlong commitment to complete 60 acts of service during BRC's 60th year, extending its mission beyond campus and into the greater community it proudly serves. This initiative is a natural continuation of what has always made BRC special: a community of people who support each other, and who believe that every small act of kindness helps build a better future. Here's to the first 60 years of compassion, innovation, and stewardship—and the many acts of service still to come.





Investing in the Future: Meet BRC's Spring Interns



Mackenzie



Holly



Isabelle

Each semester, BRC welcomes a new group of interns whose fresh perspectives and passion for service make a real impact on our community. This spring, our intern team included students from James Madison University and Bridgewater College, representing areas like Human Resources, Life Enrichment, and Health Services Administration.

Mackenzie Leonard, a JMU senior, joined BRC's HR team after being encouraged by a friend (and former intern turned team member)! What

began as a planned summer internship turned into a nine-month school-year journey supporting projects like job description reviews, HR metrics, and resident events.

A highlight for Mackenzie was the OMA (Opening Minds through Art) art show—where she not only helped celebrate resident creativity but also took home a piece of art she'll always treasure.

As she heads back home to Richmond, Mackenzie shares, "I'm passionate about working with people and creating supportive, meaningful environments—especially for older adults. I hope to find a role in senior living, ideally in Human Resources, where I can continue making a difference. I wouldn't trade this experience for the world!"

“ I'm passionate about working with people and creating supportive, meaningful environments....I wouldn't trade this experience for the world!"

— Mackenzie Leonard





“ I’m honored to have experienced the passion BRC team members bring to this community every day.”

— Holly Jacobs

Holly Jacobs, a graduate of JMU’s Health Services Administration program, brought her passion for long-term care to her internship at BRC. Drawn by stories from classmates and former interns, she immersed herself in several teams across the organization—from marketing and memory support to social work and dining. “Shadowing different departments has been incredibly valuable for my future career,” Holly shares. “But what I’ve loved most is the one-on-one time with residents. I’m honored to have experienced the passion BRC team members bring to this community every day.”

Her favorite moment? Watching the OMA art show come together after all the behind-the-scenes prep. “It was a privilege to be part of something that promotes connection and fosters creativity for our residents,” Holly adds.

Kathryn Wilverts, also a JMU Health Administration student, made her way to BRC with a passion for senior living. “I chose to intern at BRC because the Health Administration

Internship aligned perfectly with my passion for serving retirement communities,” Kathryn shares. “I’ve always been drawn to this field, and BRC’s supportive, resident-focused culture made it the ideal place to learn and grow.”

Like Holly, Kathryn has spent much of her time shadowing various teams across campus to understand how each piece of the community contributes to resident care. But it’s the relationships she’s formed that have meant the most. “My favorite experience has been getting to know the residents,” she said. “Hearing their stories and building relationships has reminded me why I want to work in this field.”

After graduation, Kathryn plans to pursue her Nursing Home Administrator License and continue her journey in retirement communities—working to make a meaningful impact and support quality service wherever she goes.

[Continued on next page]



Tea Time

This spring, tea time took center stage across many areas of campus with a series of lovely gatherings that brought people together in sweet and meaningful ways. From a beautifully crafted social committee tea party to a heartfelt celebration honoring our volunteers, each event was filled with charm, conversation, and community spirit. Tranquility House even hosted its own special tea party, proving that a warm cup and good company never go out of style.

INTERN SPOTLIGHTS

[continued]

Isabelle Bolyard, a senior at Bridgewater College, interned with Life Enrichment in the village—and quickly became a familiar and well-loved face among residents. Described by Life Enrichment Specialist Rhonda Collins as “a

go-getter” and “incredibly personable,” Isabelle planned events like the Social Committee’s spring tea and helped lead an exciting, memorable outing to the indoor rock-climbing walls at Horizons Edge. “Seeing how hard Rhonda works for the residents made my career aspirations even clearer. Her dedication and work ethic are truly inspiring. Rhonda and the residents helped me realize what I want to do for a career—and for that, I’ll be eternally grateful.”



Rhonda and the residents helped me realize what I want to do for a career—and for that, I’ll be eternally grateful.”

— Isabelle Bolyard



The Arcade

The new team member break space—now officially named **The Arcade**—is open and already seeing great use! Designed as a place to relax, recharge, connect, and enjoy lunch or a quiet moment, it's quickly becoming a favorite spot for team members.



Garden Club

Assisted Living's Garden Club has blossomed into a thriving therapeutic horticulture program now active in every household at BRC. With the Wellness Garden as its heart, the program—led by certified practitioner Carrie Budd—uses evidence-based practices to promote engagement, cognitive stimulation, and a sense of purpose. Raised beds, adaptive tools, and dedicated spaces have made gardening more accessible than ever, turning nature into a daily source of connection and healing for residents across campus.



BRC is also excited to welcome **Melissa Gray**, a student with the Shenandoah District Christian Growth Institute. She is completing a unit of Clinical Pastoral Education with Chaplain Brenda Barb, who serves as a proctor for the Institute for Clinical Pastoral Training.

In addition to the five featured interns, BRC is also grateful for **Justin Scott**, who generously shared his time and talents this spring. A Bridgewater College graduate, Justin spent much of his internship supporting the fitness and therapy teams, building strong connections throughout the community. Whether working behind the scenes or engaging one-on-one with residents, each intern played a meaningful role in enriching life at BRC.

BRC takes pride in supporting students as they explore their future careers, providing meaningful, hands-on experiences that help shape their professional journeys. Whether they go on to serve in other communities or lead in new organizations, they carry with them a deep understanding of BRC's person-first culture—something intentionally built over time with compassion and purpose.

RESIDENT CORNER





“

I got into stained glass purely by accident back in 1996, and I've been hooked ever since. I really enjoy both the creative process and seeing the final piece come together. Depending on the complexity, a project can take anywhere from a few hours to 75—but every one is worth it.”

— Bud Branch

BUD BRANCH'S
Stained Glass Creations



HONOR ROLL OF DONORS

Non-Tributes

October 1, 2024 – March 31, 2025

Stanley & Karen Abbot
Frank & Joyce Aigner
Raymond & Susan Albers
Judith Miller Allen
Robert & Linda Alley
Sons of the American Legion, Squadron 188
Ervin & Ann Anderson
Robert & Beverly Armbruster
Kathleen Armstrong
Richard & Jane Arnold
Mary B. Atkins
Cathie J. & Daniel R. Atwell
Janessa Baker
Wanda Baker Estate
Heather & Eric Barkey
Martha Barlow
Barbara Beam
Laten Bechtel
James & Anita Beckman
Roger & Sonja Bible
Steve & Ann Bird
Mary Ann Blaine
Charles & Arvella Blair
Martha R. Bloom
Delmer & Sue Botkin
Bruce & Nancy Bowman
The Bowman Family
Jim & Sylvia Kline Bowman
Ruth D. Boyers
Chester & Nancy Bradfield
Martha Bradfield
Nancy R. Bradfield
William & Jane Branch
Judith K. Breeden
Bridgewater Village Residents' Association
W. Richard Brown & Kathleen Siker
Peggy Sue Bryan
Gretchen Buddenhagen
Bruce & Jean Burkholder
Betty Caricofe
Joanie Cassens
Doug & Julie Chismar
Mary Clanahan
Olin T. & Susan F. Clark
Curtis & Betty Coffman
Sally Jane Conner
Virginia Coppedge
Kenneth & Linda Cranston
L. Mae Craun
Nancy Dagen
Mensel & Linda Dean

Glenda M. Deaton
Laura Dodd
Dr. Garner & Mae Downey Estate
Hattie Driver
Rebecca V. Driver
William F. Edmonson (+)
Shawn Eller
Rev. Wendell & Sonya Eller
Dawn T. & George R. Erdman, II
Karen V. Evans
Karen H. Ewing
Beverly & Terry Eye
Richard & Janean Fawley
Rev. Earle W. Fike Jr.
J. Michael & Cynthia Fike
Everett Fisher
Jessica Fisher
Richard & Elizabeth Fitt
James & Ann Flora
Wanda M. Flora
Pamela Flory
Theodore & Mary Beth Flory
Donald & Polly Fravel
Carole Gaines
Lelia Lightner Galvin
John & Marilyn Garber
Norma Gardner
James & Phyllis Gaskins
Diane Gasper
Robert Geary
Charles J. Gerard
Karen Gerard & Matt Bingay
J.D. & Becky Glick
Juliana Graham
Nancy Harper
Christa K. Harrell
Deborah Harter
Linda Harter
Henry & Loretta Hawkins
Mary Hawkins
Betsy Hedrick
John & Brenda Hedrick
Larry & Nancy Hedrick
Galen & Inge Heisey
Kathi Hemmis
Judith Henneberger
Hess Financial
Dick & Barbara Hite
Brent & Karen Holl
Dr. Wallace & Eleanor Holthaus
Dr. Jesse & Alice Lee Hopkins
Gloria R. Horne
Michael Hostetter & Nancy Cherniss
Sharon Hottel
Houff Charitable Foundation

Houff Corporation
Houff Family Foundation
Neil & Sara Houff
Nancy & Tim Hulings
Lee & Andrew Jackson
John & Helen Jarrels
Bob Jochen & Chris Smith
J. Robert & Patricia Johnson
MaLinda Jones
Clayton & Marsha Justice
James M. Kagey
James L. Keeler
Richard & Betty Keller
Albert & Nona Kellogg
Betsy Kennedy
Charlotte Kenney
Nancy Still Keplinger
Charles & Dawn Kern
Sharon Kiracofe
J. Kenneth & Linda Kline
Robert & Sarah Kloetzer
Joanne Lam
Craig & Theresa Landes
Herman & Charlotte Landes
Paige Landes
Doris Lawrence
Virginia D. Layman
James L. Leeth
Ann Marie Leonard
David & Lorraine Lineweaver
W. Price Lineweaver
JoAnn Liskey Estate
W. M. Wayne Liskey
James A. Longenecker
Haruyo Mack
Ralph & Alice MacPhail
Laura S. Mapp
Rebecca Martin
Claire Martindale
Rosalee Martz
George L. Mason
John H. Mason
Jack & Mary McAvoy
Roger & Sharon McCafferty
Michael & Sallie Meffert
George & Juanita Mendenhall
Rick & Pauline Messier
Dawn Elizabeth Miller
James & Linda Miller
Janice Kathryn Miller
Pauline G. Miller
Diane O. Mincey
Saraona F. Minnick
Barry & Connie Minnick
Charles T. Mizell Jr.
Wanda S. Moad
Lavern P. Moffat
John & Ann Monger
Sherry L. Mongold
Katharine Moore

Samuel & Beverly Moore
 David Moyer & Doris Martin
 Barbara K. Moyers
 Eugene & Pam Moyers
 Susan K. Moyers
 Terry & Diane Murray
 Rev. John & Linda Neff
 Greg & Melissa Nelson
 Darlene Newman
 Anne W. Nielsen
 Sue Overman
 Rosemarie J. Palmer
 Stephen & Shirley Parsons
 Partners Excavating Company
 Larry & Jane Pelletier
 D. Jean Petre
 Marilyn W. Phibbs
 Richard & Eileen Phillips
 Dick & Annette Pierce
 Edward & Judith Powell
 Larry & Linda Powell
 Nan M. Powell
 Jim & Brenda Puffenbarger
 Tiffany Rawding
 Lynn Reams
 Richard & Maralee Reeves
 James & Joann Reid
 William & Virginia Reinhold
 Robert L. & Carol Kim Retka
 Edward Rinaca
 Martin J. Ritchie
 Matthew Robinson & Lindsay Brubaker
 William & Tammie Rodgers
 Kenneth Blair Roller
 Michael R. Ross
 Rachel Ruth
 B. Franklin & Ann Salyards
 Jeffrey & Patty Schleifer
 Susan Schuckman
 John H. & Faye T. Sellers
 Fred & Helen Shank
 Abram J. Shearer
 Jonathan Shenk M.D.
 Gary & Rebecca Shickel
 Helen W. Shickel
 Karen Shifflett
 Charles C. Shiflet Jr.
 Donald & Donna (†) Shiflet
 Helen Shiflet
 Karen Shiflet
 Aaron & Jennifer Shirkey
 Elwood A. Shrader

Sue Simmons
 T. Edgar & Zizi Sipe
 Karen Siron
 Terry & Vickie Slaubaugh
 Doris Slusser Estate
 Catherine Snyder
 Elizabeth H. Snyder Estate
 Sodexo, Inc. & Affiliates
 Janet S. Stepp
 Daniel & Barbara Stogdale
 Barbara B. Stoltzfus
 John & Toni Stone
 Garnet Suiter
 Teri R. Sumey
 Andruette M. Sutton
 Rev. Fred & Nancy Swartz
 Dwight F. & Betty A. Swope
 Linda S. Tanguay
 Susan A. Thacker
 The O'Connor Group
 Earl & Margaret Thornton
 Tom & Lori Mendez
 Warwick Tomfohr
 Rev. James Tongue
 P. David & Mardi Trout
 Trumbo Electric, Inc.
 Jeannie L. Turner
 Lucile H. Vaughn Estate
 Janice W. Wade
 Carolyn Wampler
 Frederick & Joyce Wampler
 Jodie E. Wampler
 Priscilla Wakeman Wampler
 Doris S. Waters
 John M. West & Linda A. Elliott
 Robert & Karen Wheatley
 Tom & Marnie Wheatley
 Larry & Amy White
 Sharyn D. Wichael
 Richard & Pamela Wilkins
 Alice Liskey Wilson
 Howard & Nancy Wilson
 C. Douglas & Linda Wine
 Robert & Nancy Wiskeman
 Donna Wojciechowski
 Robert & Dorothy Wright
 Merv & Mary Wunderlich
 Richard & Margaret Wurst
 Ron & Leona Raines Wyrick
 Zella Gahagen Trust
 Vicki & James Zerkel

† Deceased

BRC deeply appreciates the contributions of each donor. We have made every effort to make this list complete and accurate. If you notice a mistake or omission, please accept our apologies and contact us at **540-828-2652**.

Become a



Funds donated to the BRC Foundation do a lot more than support the basic operations of Bridgewater Retirement Community.

By choosing to become a monthly donor, your contributions:

- **Help to ensure that residents who outlive their financial resources are never asked to leave their homes.**
- **Purchase needed equipment and vehicles.**
- **Assist in the development of spiritual life programs and activities.**
- **Support resident programs in our nursing households like day trips to the beach.**

Consider becoming a BRC Energizer by reaching out to the Foundation Team today. Every act of generosity makes an impact.

Churches

Beaver Creek Church
Bethel Church of the Brethren-Keezletown
Blue Ridge Chapel Church of the Brethren
Brethren of Mountain Grove Church
Bridgewater Church of the Brethren
Cedar Grove COB Women's Fellowship
Charlottesville Church of the Brethren
Emmanuel Women's Fellowship
Forest Chapel Church of the Brethren
Hiner Church of the Brethren
Mill Creek Church of the Brethren
Montezuma Church of the Brethren
Mount Bethel Church of the Brethren
Mt. Carmel Church of the Brethren
Pine Grove Church of the Brethren
Round Hill Church of the Brethren
Smith Creek Church of the Brethren
Staunton Church of the Brethren
Sunrise Church of the Brethren
Timberville Church of the Brethren
Valley Pike Church of the Brethren
Wakemans Grove Church of the Brethren

Tributes

October 1, 2024 – March 31, 2025

In Honor of

Phyllis Arbogast

Melba S Atkinson Cook

Russ & Brenda Barb

Virginia MacNaughton

John Barr (†)

W. Steve & Ruth Watson

Alexander Beepath

Lawana Meadows

BRC Residents

John Adkins

Doris M. MacDaniel

BRC Team

Martha Bradfield

Edward & Judith Powell

George E. & Roseline W. Bryan

Robert & Nancy Wiskeman

Nancy C. Bryant

Elizabeth Shinaberry Reese

Carrie Budd

Paul & Mary Ann Hoyt

Hannah Burkholder

Doyle & Darlene Rounds

Janet Coffman

Kenneth Blair Roller

Ramon & Barbie Colonna

Gloria R. Horne

Ralph & Pat Compton

Wayne & Carol Spangler

Eugene Counts

Charles C. Shiflet Jr.

Shirley Creekbaum

Gloria R. Horne

Mr. & Mrs. Eddie Durham

Georgianne & Lyle Hull

Jane K. Hammond

Wendell & Sonya Eller

Sheri Bragg

Rev. Earle Fike, Jr.

Robert & Diane Stevens

Elaine Fike

Rhonda & Craig Stutzman

Grace Fishback

Cappie Hull

Robert & Corinne Gaines

Rodney & Gloria Hildebrand

John & Marilyn Garber

Ann E. VanPelt

Charles Gerard

Karen Gerard

Harmony House Team

Fletcher & Kay Bingham

Deidra K. Hill

Mark Shifflett & Rebecca Hill-Shifflett

Shirley Holsinger

Melba S Atkinson Cook

Dr. Jessie Hopkins

W. Steve & Ruth Watson

Alice Houff

Neil & Sara Houff

C. S. Kiracofe

Dan & Stephany Plecker

Shirley Kirkwood †

Lauren Jones

Gene & Anna Knicely

Wakemans Grove COB Men's Fellowship

Edith Lam

Ralph & Linda Rhodes

Virginia Layman

Hattie Driver

Georgianne & Lyle Hull

Doris MacDaniel

Ed & Betsy Craun

Ethel McElwee

Joyce M. Grove

Faye Catherine Miller (†)

Dawn Elizabeth Miller

Janet Carter Miller (†)

Dawn Elizabeth Miller

Janice Kathryn Miller

Dawn Elizabeth Miller

Mary Lou Miller

Gloria R. Horne

Paula & Lowell Moyers

Charles C. Shiflet Jr.

Dennis Overman

Sue Overman

Bertha Phibbs

Richard & Betty Keller

Bob & Mitzie Puffenbarger

Linda Holte

John & Penny Melton

Charlsey Puffenbarger

Joseph Puffenbarger

William Rapisardi

John & Mary McAvoy

Joyce Rhodes

Gloria R. Horne

Ruth Rusmisl (†)

Linda Magalis

Leona Sharp

Gregory S. Fulk

Gene & Joyce Sheffer

Gloria R. Horne

Helen Shiflet

Doug & Rhonda Gordon

Donald & Donna (†) Shiflet

Karen Shiflet

Charles C. Shiflet Jr.

Virginia Shraub

Bill & Charlotte Kagey

Glenn Siron

Karen Siron

Betty Staubus

Donald & Donna (†) Shiflet

Fred & Nancy Swartz

Ron & Leona Raines Wyrick

Joan M. Mason (†)

Lois Thompson

Cappie Hull

Don & Stellie Wagner

Blanche C. Whitesell

Fred F. Wampler

Patricia Carroll

Doris K. Waters

K. Craig Waters

In Memory of

Elinor Abbot

Stanley & Karen Abbot

Gary Adams

Mary Kay Adams

Earl & Helen Alley

Robert & Linda Alley

Herbert Armstrong

Eldon & Sandra Armstrong

Arlyn & Mary Helen Arnold

Margaret E. Arnold

John Barr

Bridgewater Village Residents' Association

Richard & Margaret Wurst

James A. Longenecker

Wilda Blaine

Kathy Ipock

Robert & Virginia Bosserman

Hattie Driver

Carrie & Arlie Jackson Botkin

Delmer & Sue Botkin

Delton Botkin

Kristen Printy

Georgianne & Lyle Hull

Chester Bowman

Eleanor L. Bowman

Jesse J. & Hazel S. Bowman

Ronald & Mary Bowman

Auburn Boyers

Ruth D. Boyers

Cecil D. Bradfield

Nancy R. Bradfield

Grady Bradfield

Martha Bradfield

Peggy Jane Brill

Susan Del Grosso

Jane M. Brown

Betsy Kennedy

Ann & Mark Siciliano

Lisa Wright

Betty Browning

Richard & Pamela Wilkins

George E. & Roseline W. Bryan

Betty Bryan Dove

Betsy & Earl Budd

Jeffrey & Laura Fleishman

Henry R. Campbell, Sr.

Henry & Rose Campbell

Robert L. & Trudy Carter

Dawn Elizabeth Miller

Allen M. Clague, Jr.

Dr. Rufus & Elaine Huffman

Naoma Clague

Allen M. Clague Jr.†

Charlotte Good Clark

Angie Pyles

John & Fran Clayton

Dena Clayton

Al Cline

Cynthia A. Tusing

Bridgewater Village Residents' Association

Melba Cline

Cynthia A. Tusing

Bridgewater Village Residents' Association

Mr. & Mrs. Paul D. Cline

Richard T. Wilfong

Swannie Smith Colvard

Michael & Gail Hunt

W. Todd & Shannon Watson

Fred C. Creasy, Jr.

Gary & Susan Creasy

Fred C. Creasy, Sr.

Gary & Susan Creasy

Sandra K. Creasy

Gary & Susan Creasy

Willie Kate Creasy

Gary & Susan Creasy

Margaret Rebecca Davis

Miller Davis

Roxie Deputy

Marian B. Suter

Cletus & Aleta Driver

Hattie Driver

Robert Driver

Hattie Driver

Lois Emswiler

Robert B. Emswiler

Marilyn G. Erdman

Kevin, Vicki, Alayana, Matt, Hailee

Ashworth Bros., Inc.

Fred Beaufait

Josephine G. Boyles

Richard C. Erdman

John & Janice Flora

Flora Pettit

Dale & Wendy Lam

Darl K. & Sondra E. May

Suzann L. Meyerhoeffer

Abram J. Shearer

Aaron & Jennifer Shirkey

George Simpson

Roy Tanner

Judith K. Warren

Eileen Waterhouse

Cathy Welsh

Mary Louise Yates

Robbie Faris

David M. Faris

Gerald & Ethel Fawley

Richard & Janean Fawley

Bonnie R. Fellenstein

Marilynn M. & Michael R. Waggy

Kurt Fellenstein

Lorraine Fike

J. Michael & Cynthia Fike

Emerson S. Fike

Rowena Myers

Rhonda & Craig Stutzman

Marcia Troyer

Galen & Lorraine Fike

J. Michael & Cynthia Fike

Jean Fike

Robert & Diane Stevens

Joann Fisher

Michele Bushnell

Sam Butler

Larry & Angie Caplinger

Kenneth & Grace Martin

Abram J. Shearer

Nancy Flaherty

William B. Kyger Jr.

Maurice R. Flora

Wanda M. Flora

John S. Flory

Helen Lynn Riner

Helen Hildebrand Fowler

Rodney & Gloria Hildebrand

Margaret "Helen" Fowler

Rodney & Gloria Hildebrand

Bob & Carolyn Freeman

Virginia Coppedge

Dennis W. Gaines

Jordan Lewis

Carole Gaines

Rachel Hill Garcia

Solita Garcia

Dr. Harry Gardner

Sandra Gardner

Merle S. Gardner

Sandra Gardner

Nelson Gardner

Sandra Gardner

Margaret S. Geisert

Gregory W. Geisert

E. Maurine Geisert

Gregory W. Geisert

Dr. Wayne Geisert

Gregory W. Geisert

Marvin Georg

Bridgewater Village Residents' Association

Yolanda E. Gerard

Karen Gerard

Peggy Graham

Paul Graham

Terrence Green

Sue Overman

Bill & Dodie Groseclose

William H. Groseclose III

Olive Mae & Leonard E. Grove

Delmer & Sue Botkin

Sidney E. Grove

Joyce M. Grove

Anita Heatwole

J. Michael & Cynthia Fike

John Heatwole

J. Michael & Cynthia Fike

Twyla A. Heatwole

Mike & Emily Heatwole

Ed Henneberger

Judith Henneberger

Madeline Bingham Higgins

Bingham W. Higgins & Susan E. Greene-Higgins

Belva M. Hill

Mark Shifflett & Rebecca Hill-Shifflett

Helen "HoHo" Hill

Mary H. Rodeffer

Neil Hillsman

Kayla Cook Meunier

Ola & David Hively

B. Franklin & Ann Salyards

Ellwood G. & Helen L. Hooke

Daniel & Sarah Hooke

Claude R. & Norma J. Hoover

Linda S. Hoover

Beulah Hopkins

Patricia Carroll

Ira & Mary Hostetter

Michael Hostetter & Nancy Cherniss

Fred Houff

Neil & Sara Houff

William A. & Wilda Flory Houff

W. Dale & Meredith Houff

Edmund & Deborah Price

Lillian Howdysshell

Bridgewater Village Residents' Association

Dee Samuel Huffman

Rebecca Huffman

Albert E. Jochen, Jr.

Bob Jochen & Chris Smith

Mary "Sue" Jones

Wallace & Eleanor Holthaus

Paula L. Thompson

Dorothy Kasten

Bridgewater Village Residents' Association

Ralph H. ("Pete") Keplinger, Jr.

Scott Dean & Family

Melodie S. Humphreys

W. Steven Keplinger

Nancy Still Keplinger

Nelsie Kiracofe

Dan & Stephany Plecker

Lola Kirkland

Donald & Donna (†) Shiflet

Shirley C. Kirkwood

Laura S. Mapp

Harley & Vera Kline

Ruth K. Mickelberry

Diana M. Koepf

Kenneth & Sue Showalter

Ralph Sandy Lam

Ralph & Linda Rhodes

Ray Landes

Paige Landes

Denton E. Layman

Virginia D. Layman

Vera S. Layman

Donald & Donna (†) Shiflet

Lorna Lewis

Warren Lewis

Robert Lightner

Lelia Galvin

Rebecca Liskey

Bridgewater Village Residents' Association

Milla Sue Wisecarver

John & Linda Wymer

Priscilla Little

Nancy Still Keplinger

Virginia & Stanley Lohr

L. Kathryn Evans

Vivian S. Longenecker

James A. Longenecker

Noelle Ludlum

Richard E. Lopez

William Ludwick

Mary C. Ludwick

Ruth Cupp Maneely

Paul & Suellen Maneely

Miriam S. Martindale

Wayne & Carol Spangler

Layton & Lillian Massie

Glen & Katherine Layman

Marjorie A. Mattfeld

Charles & JoAnn Bilbrey

Berlyn McElwee

Joyce M. Grove

Dwight E. Miller

Anonymous Donor

George W. & Edna L. (Peg) Miller

Dawn Elizabeth Miller

John Leigh Miller

Dawn Elizabeth Miller

Mary G. Miller

Julie A. Swope

Bernard H Yancey

Pearl B. Miller

Gary & Susan Creasy

Richard & Joyce Miller

Dawn Elizabeth Miller

W. Frederick & Virginia W. Miller

Gary & Susan Creasy

J. B. & Louise S. Minnich

Saraona F. Minnich

W. Paul Mitchell

Kenneth & Sue Showalter

Suzanne Mizell

Richard & Margaret Wurst

Frances Myers

Roger S. Myers

Mel & Betty Lou Myers

Robert & Diane Stevens

Wanda E. Mongold

Herman & Charlotte Landes

Leon & Eva Mundy

Ron & Leona Raines Wyrick

Millie Mundy

Ron & Leona Raines Wyrick

Eileen Nelson

Ryan Nelson

Our Parents

John & Helen Jarrels

Paul Phibbs, Sr.

Richard & Betty Keller

M.B. & Miriam Plecker

Dan & Stephany Plecker

Madeline Poag

Eldon & Sandra Armstrong

Jack Puffenbarger

Joseph Puffenbarger

James Puffenbarger

Joseph Puffenbarger

Charlsey H. Puffenbarger

Wyvetta Roller Puig

Kenneth Blair Roller

Judy Purke

Rich & Leslie Sturges

Jean & Joseph Radocha

Juliana C. Graham

Margaret Flory Wampler Rainbolt

Pamela Flory

Helen Lynn Riner

Bob & Eva Reeves

Barry & Connie Minnick

Peggy Reinhold

William & Virginia Reinhold

Patricia Reynolds

Thomas L. Reynolds Jr.

Joanne Rhodes

Maria Partlow

William Riner

Ann H. Wine

Jan Ritchie

Lura R. Trout

Janie L. Ritchie

Martin J. Ritchie

Lura G. Ritchie

Martin J. Ritchie

Barbara R. Somers

Charles & Kathryn Roller

Kenneth Blair Roller

Edna Irene Ruddie

Linda Ridder

Bobbie Rusmisl

Linda Magalis

Robert Leslie Scott

Abigail Edwards

Serenity Residents Who Have Passed Away

Salena Weese

Leona F. Sharp

Gregory S. Fulk

Larry G. Sharpe

Dorothy V. Sharpe

Mary Ann Shaver

Mike & Janet Weeks

John H. Sheldon

Hattie Driver

Randolph L. & Dorothy J. Shifflett

Mark Shifflett & Rebecca Hill-Shifflett

Emory Lenwood Shiflet

Doug & Rhonda Gordon

Donald & Donna † Shiflet

Margaret K. Showalter

Kenneth & Sue Showalter

Gladys Shull

William L. Simmons

Albert & Maxine Shultz

Cappie Hull

Edgar Simmons

William & Jane Branch

Catherine T. Simmons

George Simmons

Sue Simmons

Hattie Simmons

William L. Simmons

Mary S. Simmons

William L. Simmons

Frances Davis Sipe

Laura S. Mapp

Margaret D. Sipe

Rodney L. & Sandra S. Martin

Ruth Siron

Karen Siron

Doris Ann Craun Slusser

Hipps Financial Partners

Everette & Allie Smith

Paige Landes

Ruth & Harry Smith

Michael Hostetter & Nancy Cherniss

Mary Snelson

Jeffrey E. Snelson

Ashley St. Hilaire

Ronald & Sarah Pierce

Vickie St. Hilaire

Ronald & Sarah Pierce

Margaretta Stephens

Marian B. Suter

Jim & Bette Stetser

Wayne & Nancy Hepler

Bill Still

Nancy Still Keplinger

Marvin Suiter

Garnet Suiter

Dean & Jane Sullivan

Richard & Janean Fawley

Grace Sullivan

Debra Pelikan

Robert D. & Pauline C. Suter

Marian B. Suter

Ruth Hume Taylor

David & Constance Taylor

Roma Jo Thompson

D. Jean Petre

Bridgewater Village Residents' Association

Nancy G. Trout

P. David & Mardi Trout

June Vernon

Stephanie V. McNeill



BRC's history is on display! Visit the Bridgewater Historical Society Museum at Old Town Hall to explore our 60-year journey. Stop by 109 S Main St. and check it out!

Bonnie Lou Wampler

Charles & Arvella Blair

Mensel & Linda Dean

Doris Harsh

Rufus & Elaine Huffman

Susan Logan Kidd

J. Kenneth & Linda Kline

Janice W. Wade

Charles Wampler

Bridgewater Village Residents' Association

Cecil L. & Dorothy K. Wampler

Gina L. Wampler

Leon R. Waters

Doris S. Waters

K. Craig Waters

Bill & Louise Watson

W. Steve & Ruth Watson

W. Todd & Shannon Watson

Eleanor C. Weaver

Jim & Pam Hunt-Carter

Doris Jean Western

Shirley Western

John L. Western

Shirley Western

Carlyle Whitelow

Laura S. Mapp

Jack L. Whitley

Mary L. Whitley

Thomas J. & Linda G. McCaughey

Mr. & Mrs. Ira Wilfong

Richard T. Wilfong

Winnie Wimer

Sandra Kaye Estep

Ray M. Wine

Ann H. Wine

Martha L. Wright

Doris M. MacDaniel

Clarence & Ellen Wyrick

Ron & Leona Raines Wyrick

Jacob & Leah Zigler

J. Samuel Zigler & Sharon Kalbarczyk

† Deceased



(left to right, top to bottom) Tom, Polly, Ed, Mary, Neil, Janae, Rhonda, and Isabelle show off their muscles after conquering many rock climbing walls at Horizon's Edge!

THE *Bridge* is made possible by the work of the following team members, contractors, and contributors.

Editor | Ashlie Heatwole

Writers | Ashlie Heatwole

Art and Design | Dustin Blyer

Photography | Sera Petras, Ashlie Heatwole, Beth Driver, Laura Spicer, Ashley Strawderman, and Madison Wardell

Special thanks to | Emmert & Esther Bittinger, Isabelle Bolyard, Bud Branch, Rhonda Collins, Beth Driver, Tim Hulings, Holly Jacobs, Ellen Layman, Mackenzie Leonard, Jim Miller, Laura Powell, Jessica Shickel, Laura Spicer, Madison Wardell, and Kathryn Wilvert

The *Bridge* committee would love your feedback! Email your thoughts on this edition to communicate@brcliving.org.

BRIDGEWATER RETIREMENT COMMUNITY

holds memberships in the following organizations which help us to better serve you.



Yes!

I want to support the



BRC Foundation!

☐ \$50

☐ \$75

☐ \$100

☐ Other

Enclosed is \$ _____ (Your contribution is tax deductible)

☐ Bill my credit card: Card number: _____

Exp. Date _____ 3-digit security code (CVV) _____

Your gift to BRC Foundation will bring joy to our residents and enhance their daily lives. **Thank You!**

Name/Group _____

In Honor/Memory of _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Contact us: cbudd@brcliving.org



The Bridge is the official publication of Bridgewater Retirement Community, which includes Bridgewater HealthCare, Inc.; Bridgewater Home, Inc.; Bridgewater Village, Inc.; and the BRC Foundation. We invite your comments and suggestions. Reproduction of articles may be done with written permission. Please contact editor Ashlie Heatwole via email at communicate@brcliving.org or by mail at 302 N. Second Street, Bridgewater, VA 22812.



800.419.9129
brcliving.org
302 N 2nd Street
Bridgewater, VA 22812



INDEPENDENT LIVING
ASSISTED LIVING
MEMORY SUPPORT
NURSING HOUSEHOLDS

At Bridgewater Retirement Community, family is music to our ears. Whether you're harmonizing with friends or making memories with your grandkids, we embrace creativity, connection, and moments that make your spirit sing. Because retiring here means you never have to go solo.



BRIDGEWATER
RETIREMENT COMMUNITY

CELEBRATING 60 YEARS
OF ENERGY FOR LIFE